Play With Hers and Make Her yr Slave in Sex

The method and way in which you handle your womanï¿½s sexual organs can make all the difference in the world to her.ï¿½ If you handle her clumsily and without the proper know-how, you may hurt her.ï¿½ Far, far worse than this, you may produce in her feeling of aversion, of sex or shivering distaste, and even of actual nausea.ï¿½ But if you handle her properly, it is double sure that you can transport her to the seventh heaven of delight.
Of all the centers of eroticism in a womanï¿½s body, the following are the chief; together with some ways of exciting them.ï¿½ They are:

1. The breasts.
2. The nipples of the breasts.
3. Immediately below the folds of the breasts.
4. The flanks or sides of the woman.
5. The stomach, below the ribs and around the navel.
6. The Mons Veneris.
7. The Clitoris.
8. The vent of urination.
9. The labia majora and labia minora at the mouth of the vulva.
10. The immediate opening of the vaginal passage.
11. An inch or so inside the vaginal passage.
12. The extreme inside end of the vaginal passage.
13. The entire vaginal passage.
14. The area around the base of the protuberance caused by the mouth of the Cervix.
15. The opening or mouth of the Cervix itself.
16. Right up the vaginal passage and immediately behind the lump cause by the mouth of Cervix.
17. The front part of the vaginal passage, just opposite to and immediately behind, the Clitoris.
18. Frictionising of the vaginal passage and the clitoris together.
19. The hard ridge of flesh between the vaginal opening and the rectum.
20. The rectal opening itself, and inside it.
21. The groins and the arm-pits.
22. The pubic hairs and hair under the arm-pits.
23. The buttocks.
24. The palms of the hands and soles of the feet.
25. Titillation of the womanï¿½s breasts, nipples and between the breasts, the buttocks and between the buttocks; with the tip of the manï¿½s penis.

Preliminary

It is needless to say that before attempting to fondle a woman, you finger-nails should be kept short and your hands be washed and scrupulously clean.ï¿½ The art of affording the greatest pleasure to the woman lies in your fingers, particularly the tips of your fingers, the balls of your fingers and the ball of your thumb.
Your touch should be gentle, deft, purposeful, caressing and cunning, but never, never rough, forceful or hard.ï¿½ They should give pleasure without hurting.ï¿½ You should be able to ï¿½senseï¿½ with your fingers when you are affording pleasure to the woman and when you are not.ï¿½ You should be able to know when you are hurting her, without waiting for her to cry out and tell you so.ï¿½ By her attitude and ï¿½feelï¿½ of relaxed

warmth in the other arm that you may have around her, and by the eager expression on her face, you must be able to know she is enjoying it; just as when by a tautness of body and face and an uneasy expression in her eyes, you should be able to tell that all is not well for some reason, and that she is not enjoying it.
Immediately you notice the faintest signs of discomfort, distress, distaste or lack of enjoyment on the part of the woman, change your method of manipulation at once. Keep watching her eyes closely, for however wee she may try to hide her feelings from you, she will not be able to conceal the expression in her eyes and they will betray her.ï¿½ Should they remain normal and unchanged, take it for granted that she is not enjoying what you are doing to her and change your modus operandi immediately.ï¿½ Should her eyes begin to widen, stare, become watery and grow red, she is enjoying it.ï¿½ You should then not change, but continue till you have brought her to a climax.ï¿½ Should her eyes begin to half-close and put on a dreamy expression, she is about to have an orgasm, and when they close entirely and her whole frame trembles and shivers, she has had an orgasm.ï¿½ Finally, should the woman begin to weep ï¿½ or in some cases to laugh ï¿½ she has reached a point of total satisfaction which is termed as satiation.ï¿½ You should then stop ï¿½manipulatingï¿½ her and commence performing the coital act yourself.
Other sign of the woman approaching an orgasm is when her vaginal passage becomes very wet and slimy with the discharge of lubricating fluids therein from certain glands known as Bartholiniï¿½s glands.ï¿½ This will increase in intensity as she reaches her orgasm and in some women becomes so much as to flow out almost like urine and wet the bedclothes or form a small pool on the floor.ï¿½ Ina few cases, when thoroughly satiated, a woman may also pass urine.

Foreplay

The subject about the mentioned 26 main centers of eroticism in a womanï¿½s body and some ways of exciting these centers is so important that it is pertinent to deal with each one in turn and in greater detail, in order to indicate the best manner of eroticizing that part and the woman into the bargain.
For this purpose, the tips of the first two fingers of the right hand, and the ball of right thumb, are mainly employed.ï¿½ To make the sensation you are about to import more pleasant and not hurtful due to dry friction, a little saliva may applied by you directly to the concerned two fingers and thumb if needed.ï¿½ The tip of your penis, with the foreskin pulled back, may also be employed with greater advantage.ï¿½ It is highly eroticizing to the woman, particularly when hard.ï¿½ In most cases, your penis-tip will already be moist with the secretion of a fluid known as Cowperï¿½s fluid from your own glands, but should this not be the case you may apply a little of your own saliva, or hers, to it to make matters easier.ï¿½ It will excite the woman more if you ask her to supply and apply this saliva herself.

1. Breasts

Gentle firmness is the key-note here.ï¿½ Never hurt the woman by squeezing her breasts too hard.ï¿½ Cup them with the palm of your hand, knead them gently between your fingers and thumb, draw them forwards and outwards as if you are stretching or milking them, (but take care never to hurt), and delicately roll them around and around in the palm of your hand by pressing down against her chest.ï¿½ While you are doing all this, say flattering things to her about the beauty and size of her breasts. It will please the woman greatly.ï¿½ A very exciting feeling to the woman comes when you very gently and slyly, with or without moisture, move the tips of your first two fingers, in a clockwise or anti-clockwise direction, around and around the base of her nipples; that is, upon the darkened

area of her flesh known as the areolae, and the nipples themselves.ï¿½ Now and again run the tips of your fingers gently up down the valley between her two breasts.ï¿½ It will of course be much more effective if you work on her ï¿½masterï¿½ breast.ï¿½ It will be the one that is slightly the larger of the two and will naturally convey a greater intensity of sensation to her.

The breasts can also be sucked and licked alternately, which will excite the woman still more.ï¿½ For this purpose the mouth, lips, tongue and teeth are employed, care being taken not to bite or bruise the surface of the breast.ï¿½ Mouth, lips, tongue and teeth cunningly copy the actions of the palm of your hand and of your fingers and thumb in kneading, stretching and rolling the breasts, first one and then the other. Donï¿½t feel backward to make use of plenty of saliva and make loud sucking sounds yourself. It will simulate a baby sucking milk and will help to excite the woman yet more.ï¿½ Licking can be done most effectively, particularly around and around the areolae and nipples, copying the actins of the finger-tips.ï¿½ Sucking and licking the whole breasts alternately is also very stimulating, concentrating chiefly on the areolae and nipples.

Both standing naked, or at least topless, rub/interact your chest on her breasts in such means and ways that she should ï¿½feelï¿½ the manly hairy chest and you should feel the ï¿½womanlyï¿½ soft breasts.

2. **Nipples of the breasts**

These form the most erogenous zone of a womanï¿½s breast.ï¿½ They are a sure indication of her becoming sexually excited, for then they harden perceptible and grow longer, sticking out like points.ï¿½ This is caused by the action of the nerves and flow of blood and according to the complexion of the woman herself, vary in tint when excited from a raspberry purple-red to the dark-brown, almost black colour of a raisin.

The nipples may soon be excited and hardened by gentle, deft play with the tips of the fingers and thumb.ï¿½ Tickle around the base and sides of the nipples with the tip of your forefinger, and knead them by a rolling, back and forth and sideways motion, between the balls of your thumb and two fingers.ï¿½ Alternate this by gently stretching them out, as far as they will comfortably stretch, then release them suddenly, so that they contract back in jerk.ï¿½ And very gently press with the balls of your thumb and forefinger on both sides of the nipple till beads of a white fluid, being diluted milk, or drops of a viscid substance form at the end of them.ï¿½ Show this milky substance to her.ï¿½ It will excite her.

These same actins can be copied by your two lips, performing in similar manner as your thumb and forefingers.ï¿½ Moisture, in the way of saliva, will lubricate the proceedings. ï¿½ The tip of your tongue can most effectively be make use of as a titillating agent, moving around and around the base and sides of the nipple and rubbing back and forth, sideways and up and down against its tip or end.ï¿½ The nipple can very effectively be positioned while you are doing this between your two lips, acting as a vice.ï¿½ You might also lick the nipples, commencing at their base and licking upwards and across them. Your teeth, working very very gently, may nibble at the breast and on either side and around the areolae.ï¿½ This nibbling, coupled with sucking, will greatly enhance matters and eroticize the lady.

But do be very very careful not to hurt or abrase her flesh, either with your fingers, your nails or your teeth.ï¿½ Not only would such a wound on the breast and particularly the nipple, spoil everything and turn the lady against your love-play, but most important of all, it will cause her pain and may lead to complications later on.ï¿½ So, keep yourself under control, particularly when using you teeth.ï¿½ Do remember that your purpose is to excite

and satisfy the lady and not yourself.ï¿½ Donï¿½t start to devour her.ï¿½ Your turn to get excited will come later, when you are performing the coital act.ï¿½
Finally, the tip of your penis can most effectively replace the tip of your tongue and copy all the actins set forth above.

3. **Immediately below the folds of the breasts**
This zone is less eroticizing as a rule to the woman than the breasts and nipples, but at the same time it is the strange experience of many men that some women get very excited when this region is touched.ï¿½ Cup her breast in the palm of your hand with your knuckles pointing downwards towards her feet.ï¿½ Then run the tips of all your four fingers from side to side, along the fold below the breast, where the base of her breast joins with the flesh of her chest, and back again.ï¿½ Vary this movement by gently scratching this folk in a tickling fashion, with your finger nails.ï¿½ Very exciting to a woman is feeling she get when you pout your lips and run them back and forth, sideways, along this fold, at the same time gently tickling it with the tip of your tongue, darting in and out of your mouth.ï¿½ This can be changed into side-ways lick, or by sucking at the fold beneath the breast now and again to vary the rubbing motion of your pouted lips.ï¿½ You may even gently nibble with your teeth at these regions, this best being done by bringing your head below her breasts and by turning sideways with face upwards, so that one or other of your ears lies flat against her abdomen.
Your erect penis may be wedged in against this fold and the womanï¿½s breast be pressed down with your hand to imprison your penis between her chest and her breast.ï¿½ A slight working of your organ now will excite the pair of you but this should not be done for too long, as you are bound to attain orgasm if you persist.

4. **The flanks or sides of the woman**
A surprising degree of eroticism can be aroused in a woman by lightly running the palm of your hand, with fingers and thumb held together and slightly bent, so that the points of your fingers, the side of your thumb, and the heel of the palm your hand make more noticeable contact with her flesh.ï¿½ This movement should be very gently and meaningly performed, in a suggestive, alluring, tempting and stroking fashio9n.ï¿½ it should never be performed by hard rubbing in the manner of a massage.ï¿½ Gentle stroking up and down may also be done with the inside of the four fingers and palm of the hand together, that is, with the flat of the hand.ï¿½ These movements may be varied by bringing the points of the four fingers and thumb together in a circle, thereafter making gentle ï¿½stabbingï¿½ motions up and down her flanks.ï¿½ Both the ï¿½strokingï¿½ and the ï¿½stabbingï¿½ motions should begin very high up, starting at the ladyï¿½s armpits, and run slowly right down her flank and over the bend of her hips to where her thighs begin.ï¿½ They may be even carried on from here along the outside or far better still, the inside of her thigh, to her knees. They can also be pleasantly varied by employing a clock-wise circular motion instead of up and down, while the two motions may even be combined or alternated.
Once more, the lips, tongue, teeth and suction can be employed, emulating the actins of the tips of the fingers and thumb.ï¿½ Licking, sucking and nibbling can either be performed in a single, prolonged, slowly-moving-downwards from-the-armpits motion, or by gentle ï¿½stabsï¿½, moving your head away each time in order to bread of the contact. ï¿½ The circular motion here can also lend variation.
A point to remember is that although contact with the womanï¿½s flesh, either with your finger-tips, palm, lips, tongue or teeth should never bear any degree of pressure and

should be as light as possible, you should take care not to convey a sensation to her of being ï¿½tickledï¿½, rather than of being eroticized.

5. **Stomach, below the ribs and around the navel**
All the forms of touching, contact and of motion with finger-tips, palm of the hand, heel of the palm, lips, tongue and teeth, set forth in number 4 above, apply also here, with an additional suggestion that a round and round, stroking motion will generally bring a more eroticizing effect rather than an up and down stroking.ï¿½ Immediately around the navel, rather than in or on the navel itself will, in most cases be found eroticizing, as the navel is rather a sensitive, ticklish region.ï¿½ Nevertheless, you should try operating on it once or twice to see the effect, as it is possible your woman may be the exception who welcomes it. ï¿½ Directly below the navel and up to the Mons Veneris is far more eroticizing than above the navel, and so you should concentrate on this lower portion more.
Now and again provide a change by extending your four fingers and thumb, grip the whole stomach with the navel in the centre of your grip, and slightly close your fingers and thumb so that they sink into the womanï¿½s flesh.ï¿½ Then give your hand a trembling, shaking movement that will stimulate her.ï¿½ This should not be done too often, and of course you should not hurt the lady in your enthusiasm either with your fingers or with undue shaking.ï¿½ You are not in the process of mixing a cocktail, remember; you are trying to arouse her passion.ï¿½ Slight tickling in and on the navel, with the finger or tongue, might be pleasurable to some.

6. **Mons Veneris**

This is the name given to the bulging portions, caused by pads of fat, above and on either side of and surrounding the Labia Majora.ï¿½ These parts invariably mark the beginning of the growth of pubic hair and in some women is quite hairy.ï¿½ A few practice the habit of keeping this portion shaved permanently.ï¿½ Because of the presence of hair here in varying degrees, the technique of ï¿½strokingï¿½ should be rather different from that employed on the flanks and stomach.ï¿½ Use the insides of the four fingers and stroke downwards in a regular, soothing rhythm, as if you were stroking the back of a cat.ï¿½ï¿½ In fact, you may add realism, to your action by murmuring faintly, but loud enough for the woman to hear, ï¿½Pussy! Pussy! Pussy!ï¿½.ï¿½ It will greatly excite her.ï¿½ On no account should you stroke up and down even slightly vigorously, or from side to side, or in a circular motion, for such actions will have the effect of entangling and knotting-up her pubic hairs, which will not only be extremely painful but also very annoying to her.ï¿½
A woman delights in being kissed in this region, and sly nibbling with your teeth will mount her passions rapidly.ï¿½ You may work with your tongue and lips also, but if she has long hair it will be rather uncomfortable, while if she has shaved a few days earlier, the bristling, sprouting new hair will poke and irritate your lips, tongue and chin.ï¿½ You may compensate for this by varying the downward stroking movements with fondling and patting, treating as said earlier, this portion of her anatomy as if it were a domestic cat. ï¿½ Flattery and a number of endearing names and terms will go a long way towards helping.

7. **Clitoris**
In your downward search for pleasure you have now reached one of the two most sexually-thrilling parts of the womanï¿½s erotic centers, the other of course being the the vaginal

passage itself, and the amount of ï¿½manipulationï¿½ that is possible with the Clitoris is as varied as it is multitudinous.ï¿½
The clitoris varies greatly in dimensions with different women.ï¿½ In some it is hardly developed at all being even difficult to see and hard to find or feel.ï¿½ï¿½ In others it assumes the length, thickness and dimensions of a small penis. The clitoris is to be manipulated according to the likes of your particular partner, which will vary from one woman to another.ï¿½ Below is given a selection of some of the many ways:-

1. Grip the sides of the clitoris between thumb and forefinger and gently pull it out and in. watch for the part becoming thick, which is a sign of mounting passion, and donï¿½t pull it too far out too soon, as that will hurt her.
2. Hold between thumb and forefinger and knead and roll around and around.
3. Pull back the loose skin around the clitoris with the thumb and forefinger of the left hand somewhat in the manner of the foreskin in the male, till you expose the small, hard tip.ï¿½ Moisten the tip of your right forefinger with saliva and rub it gently upon the tip of her clitoris, either up and down, sideways, or around and around, or with a combination of all these motions.
4. With the thumb and forefinger of the left hand, spread the lips of the opening apart till the full clitoris is exposed to view.ï¿½ Now let your left forefinger and thumb slip together till you are gripping the clitoris at its base. ï¿½ Moisten with saliva, to avoid hurting, the tips of the four fingers of your right hand, keep them together in a straight line, and move them to and fro across the exposed clitoris, contacting it only lightly and not hard or heavily. ï¿½The movement should be fairly slow at the beginning, but as passion mounts in the woman, the tempo of your movements may be increased, till they become very rapid and she attains orgasm.ï¿½ The movements to be followed are those of a small brush polishing a button, your four fingers being the brush and the womanï¿½s clitoris representing the button.
5. As the clitoris becomes hardened, press lightly upon it with the ball of your first or second finger, pushing it up against the bony formation directly behind it. ï¿½Then keep up a rapid, trembling motion, up and down, sideways and around, till the woman attains orgasm.
6. Slightly crook the end of your first or second finger and work the tip of it into the hollow immediately below the base of the ï¿½lumpï¿½ of the clitoris, pressing slightly upwards to keep it in place so that the clitoris rests upon your finger-tip.ï¿½ Keep it there and then begin to ï¿½trembleï¿½ your whole hand to impart a trembling motion that will result in an early orgasm.
7. This is the same position as in above, but there is no ï¿½trembling ï¿½.ï¿½ Instead, tickle her gently immediately below the clitoris with the tip of your finger, imparting a slightly scratchy, highly eroticizing sensation.
8. Employing the balls of your forefinger and thumb to grip her clitoris at either side, press your finger and thumb together and then release the pressure quickly, increasing the pressing and releasing in quickening tempo till she attains orgasm.

Not only may you employ your fingers and thumb to manipulate your womanï¿½s clitoris, but you should have no hesitation or reluctant feelings towards kissing it, and to using your mouth, lips and tongue, to titillate it, and even your teeth to gently ï¿½biteï¿½ it.ï¿½ The motions to be followed by your lips and tongue would be to copy as far as possible the motions indicated to be adopted by your fingers and thumb; with these additions.ï¿½

Not only do women love to be kissed literally on the clitoris, but they delight in the part being sucked and licked in particular. The best position in which to achieve this is to seat the woman upon the edge of a table, or upon a broad chair, getting her to hitch up both her legs, keeping them as widely apart as she can so that her head comes between her knees.ï¿½ Her thighs should be kept as far apart as possible to allow full and free access for your head and face to her private region.ï¿½ Then, with the fingers and thumb of either hand, spread the lips of the vulva apart to still further expose her clitoris.ï¿½ Moisten your lips with your tongue, bend your head forward, and grip her clitoris between your lips, or gently between your teeth, titillating the end of it with rapid, flicking movements of the tip of your tongue.ï¿½ Another delightful sensation to her is for you to pout your lips over her clitoris and sort of ï¿½drawï¿½ it in by a deep, prolonged sucking motion.ï¿½ This has the effect of bringing the blood rushing to the part and hardening it. ï¿½ Regular sucking or licking may be employed, as also nibbling gently with your teeth. If you are clean-shaven, she will enjoy a rubbing motion upon her clitoris with your lips parted or together, by snuggling up against her with your nose and mouth so that both of these rub against her.

Provided the woman is not too heavy, she will enjoy the position of sitting astride your neck, over your throat, her clitoris and vulva up against your mouth.ï¿½ This position enables you to ï¿½openï¿½ her privates and expose the clitoris with your fingers and thumb, while allowing you to operate freely with your lips, teeth and tongue.ï¿½ Some women prefer this position to any other, as it leaves them free to ï¿½workï¿½ themselves backwards and forwards as if performing the coital act itself, which movement they are unable to indulge in when seated on a table or chair.ï¿½ Gripping the clitoris from above and below between your teeth and gently working your lower jaw from right to left, will thrill her, while your tongue can join in by titillating the end of her clitoris.ï¿½ Great care should be taken when doing this not to bits, even inadvertently.ï¿½ The gripping of the clitoris above and below may be done with the lips instead, or even with the fingers.

8. **Vent of Urination**

This is the tiny hole situated below the clitoris and above the opening of the vagina, and, as the name implies, is the orifice from which urine is passed.ï¿½ It is one of the seats of great eroticism that can be imparted to the woman most generally by a gentle rubbing of scratching movement.ï¿½ Both should be performed by the finger-tip or tips, and may be up and down, sideways, or around and around, the ï¿½scratchingï¿½ being performed by using your finger-nail.ï¿½ This scratching should be done very gently, but rubbing may be performed more vigorously with advantage, employing as a lubricant the moisture already on the part, or a little saliva introduced on to your finger-tips.

An erotic sensation will be imparted by very gently titillating the vent itself, as if in trying to insert your finger into it, which excites many women to the point of passing urine involuntarily.ï¿½ Of course this does not mean you will be actually trying to insert your finger, which would be impossible anyhow, as the vent is far too narrow.ï¿½ Here it is endeavoring to describe in words the motion to be employed when titillating the vent itself. ï¿½ Here also again kissing and the use of lips, tongue and teeth will greatly enhance the feelings of eroticism.

One more very exciting and thrilling interaction will be to make her to drink more water and create the sensation for passing urine very urgently; make her to sit on the mode in the lavatory and keeping her thighs wide open, make her to pass urine. In the middle of her passing urine keep your middle finger on the vent so as to stop the urine and start

manipulate the vent with the finger telling her ï¿½shame shame puppy shameï¿½: this creates a lot of embarrassing situation for her enhancing her sexual mood to peak.

9. **Labia Majora and labia Minora at the mouth of the vulva**
As the names themselves imply, these are the folds of skin situated immediately outside the vaginal opening.ï¿½ The Labia Majora are the two large outer lips or folds of skin which run from just below the ï¿½pubic eminenceï¿½ between the thighs to almost as far as the vent of the anus.ï¿½ The Labia Minora are the two small folds of skin or inner lips that lie next just within them and extend from the clitoris to the opening of the vagina. Manipulating these regions, as a rule, imparts a considerably lesser degree of eroticism to the woman than manipulation of the clitoris, but there are exceptions to this and some women are quite thrilled.ï¿½ All the movements with fingers and thumb would be identical to those advocated for clitoris, as also with the kissing and other performances of the lips, tongue and teeth.ï¿½ Being generally a lesser erotic region, a degree of teasing suspense may be imposed upon your partner by working on the clitoris and the labia alternately.ï¿½ This will delay orgasm while keeping her keyed up in expectation of it.

10. **The immediate opening of the Vaginal Passage**
The vaginal passage is, in almost every instance, the region of highest eroticism in every woman and there are many knacks, or ï¿½tricks so to say, in handling and manipulating this region.ï¿½ For this reason, it is dealt with handling this part under nine different headings in preference to clubbing them all together.ï¿½ The very apex of satisfying and satiating your partner lies in the secret of the ways and means of manipulating and titillating the various parts of the vaginal passage separately, rather than concentrate on any one particular portion.ï¿½ With this object in view, you should commence with one portion and bring orgasm to your partner there.ï¿½ Then pass on to the next portion and bring orgasm there.ï¿½ Likewise you can bring consecutive orgasms in this region alone. The nine regions of the vaginal passage to be manipulated in turn are:-

1. The immediate opening on the outside.
2. An inch or so inside the opening.
3. The extreme end of the vaginal passage in front.
4. The entire vaginal passage.
5. The area around the protuberance caused by the mouth of the Cervix.
6. The opening, or mouth itself, of the Cervix.
7. Right up the vaginal passage and immediately behind the lump caused by the mouth of the Cervix.
8. The front part of the vaginal passage, just opposite to and behind the clitoris.
9. Fractionizing of the vaginal passage and the clitoris together.

Now we will deal with each of these individually.
a) *Theï¿½ immediateï¿½ openingï¿½ onï¿½ theï¿½ outside.*
This is a portion particularly adapted to a rubbing movement, either to and fro or preferably in a circular manner with the tips of your two fingers.ï¿½ The pressure should be light when starting, but may be increased a little as lubrication at the mouth of the vagina, issuing from the woman herself, begins to be felt.ï¿½ Should the part be dry when starting, artificial lubrication with your saliva will please her.ï¿½ The tempo of the motions should also gradually increase, particularly of the round and around motion, till finally it

becomes quite rapid.ï¿½
The tip of your tongue can very effectively emulate these motions, aided by the surface of the tongue itself.ï¿½ In fact, this portion can be highly stimulated by kissing and by sucking and licking.ï¿½ Burying your lips into it and kissing the opening deeply with gentle tongue-titillation, is particularly pleasant.ï¿½ Another variety of titillation may be imparted by tapping this part with the balls of the first and second fingers, holding them together, striking the opening gently, removing the fingers, striking again, removing them, and so on.ï¿½ Or the first and second finger may be made to strike and remove itself, one by one, alternately.ï¿½ A flicking, licking contact with the front part of your tongue, will copy these finger-motions, should you desire to employ the former member.ï¿½ Another approach would be to place the ends of your first three fingers firmly over the opening and then to tremble your forearm and hand vigorously.ï¿½ Gently scratching with the ends of the two forefingers, either together or alternately, is also helpful.ï¿½ This can be copies by gently nibbling with your teeth.
b) *Anï¿½ inchï¿½ orï¿½ soï¿½ insideï¿½ theï¿½ vaginalï¿½ passage.*
The number of fingers to be inserted into your partnerï¿½s vaginal passage will vary with its bore, depending upon whether she had had children, and so on.ï¿½ The fit should not be uncomfortably tight so as to hurt her, but at the same time a ï¿½looseï¿½ fit will not impart the fullest sensation.ï¿½ Whereas a single finger may be insufficient, the first and second fingers, side by side, as a rule afford complete sensation.ï¿½ Three fingers together are invariably hurtful.
The two finger-tips, held close together, may be moistened if necessary before insertion, which should be gently made.ï¿½ That is, donï¿½t just ï¿½ram them homeï¿½.ï¿½ Titillation may be afforded by an in and out motion of the hand, beginning slowly and increasing in tempo; or by a right and left, clockwise and anti-clockwise, half-twist rotating motion, again beginning slowly and increasing in speed; or by a ï¿½wigglingï¿½ of the finger-tips inside, either together or alternately. In fact, the ï¿½wigglingï¿½ of the fingertips may with greater effectiveness accompany the various other motions indicated; namely, the in and out and rotating movements.ï¿½ A method of ï¿½grippingï¿½ this part, instead of merely inserting the two fingers, is to slightly bend your fingers at the knuckles so that, while the two fingers are within the vaginal passage, the heel of the palm of the hand presses up against, and upon, the clitoris. As the portion under manipulation in this heading lies only an inch or so inside the vaginal passage, the fingers will be able to reach the desired goal without any great difficulty.ï¿½ While performing the in and out, rotating and wiggling movements with the finger-tips, deliberately rub up and down, and sideways, the heel of the palm of your hand upon her clitoris in a grinding motion which may also be varied to a rotating, or a rapidly ï¿½tremblingï¿½ one.ï¿½ These double movements will enhance the erotic feelings.
Alternatively, after insertion, slightly bend the first two fingers at the end of the first two knuckles when the fingers are an inch or so inside the vaginal passage and then bring them forward slightly so as to raise and support the clitoris from behind.ï¿½ Then place the tip of the thumb upon the clitoris from in front, and while pressing the thumb and tow fingers together, lightly and from opposite direction, rub with the end of the thumb upon the clitoris, or better still, rather than let the thumb-end rub the clitoris, make the front skin of the clitoris itself create friction by moving up and down against the hard part of the clitoris inside.ï¿½ The thumb and the fingers, from opposite positions before and behind the clitoris, can all make these rubbing, frictional movements together.ï¿½ The tongue can be employed to copy the movements of finger-tips in this region, enhanced by kissing,

sucking and licking the mouth of the vaginal passage.

c) *Extremeï¿½ endï¿½ ofï¿½ theï¿½ vaginalï¿½ passage*

To reach this target, either the second finger, (being the longest finger)alone, or the first and second finger together side by side, (provided the woman does not feel any discomfort), should be employed.ï¿½ Do not use three fingers as you will cause hurt.ï¿½ The fingers will necessarily have to be inserted right up to their base.ï¿½ Orgasm in your partner may be induced in moving the fingers up and down in an in and out motion; beginning slowly and increasing in speed till the movement becomes quite fast.ï¿½ The right and left ï¿½rotatingï¿½ movements, and the ï¿½wigglingï¿½ of both or alternate finger-tips, may also be employed as in the previous chapter (b).ï¿½ An even improved position is to keep the two finger-tips slightly bent, or crooked at their ends, when performing these movements in order to increase friction at the end of the vaginal passage. ï¿½The fingers may also be kept inserted up to their bases, while a gentle scratching movement may be made inside with the two crooked finger-ends, either together or alternately.

It will also be possible for you to use the hand by bending it at the knuckles and bringing the heel of the palm up against the clitoris as advocated in the previous chapter (b), but may not be so comfortable owing to the deep insertion required in this case, both the fingers being buried up to their knuckles in the vaginal passage as they are.ï¿½ More conveniently as substitute, use the ball of your thumb up against her clitoris, performing the rubbing, rotating and grinding motions with it instead.ï¿½ Greater friction can be imposed on the front of the vaginal passage itself, right up as far as its very apex, as well as on her clitoris, by you tending to bring your two fingers, (buried as they are in her vaginal passage), and the ball of your thumb, (pressing as it is upon her clitoris) together, to provide her with a double frictional sensation.ï¿½ The approach of orgasm in the woman can be felt by the discharge of thick, slimy substances upon your finger-tips and at that time you should accentuate your movements and never let go.ï¿½ However, the tongue cannot be employed here because of the depth of the passage.

d) *Theï¿½ entireï¿½ vaginalï¿½ passage*

The positioning and motions of the first two fingers, kept together side by side, will be the same as for (b) and (c) in performing the in and out, right and left rotating, and ï¿½wigglingï¿½ of the finger-tips, all movements starting slowly and increasing to considerable rapidity.ï¿½ These motions should be executed in their entirety first, without the two finger-tips being slightly crooked at their ends, and then all over again with the two finger-tips crooked at their ends to provide variety.ï¿½ As a third phase, all the movements may be repeated, this time with the ball of the thumb pressing upon the clitoris, rubbing, rotating and grinding upon it, while the fingers operate independently inside the vaginal passage, the tendency being to bring the fingers, (which are inside), and the thumb, (which is outside), together to increase friction.ï¿½ Another movement is to keep the two fingers positioned inside the vagina and the ball of the thumb upon the clitoris.ï¿½ Bring pressure upon these from opposite directions as if in an effort to bring them together, and imitate grinding them together in up and down, sideways and rotating movements.

The mouth, lips, tongue and teeth may be used, together with a deep ï¿½drawing and suckingï¿½ action to titillate the clitoris, while your two fingers work inside the vaginal passage at intervals in between to enhance erotic pleasure.ï¿½ You will have to position yourselves in any suitable manner to make this possible, the woman keeping her legs widely apart to allow room for your hand and forearm.

ï¿½ In the same position with the first two fingers inserted at the mouth of the vagina and reaching right in, and pressing up against and behind the clitoris thus supporting it slightly, place the end of thumb upon the clitoris from in front (outside), so that the clitoris is kept pressed between the thumb-end from in front, and the first two fingers from behind.ï¿½ Then bend and unbend the first thumb-joint, immediately above the thumb-nail, rubbing the end of the thumb against the confined clitoris. A better motion is to work the whole outer skin of the clitoris against the hard part of the clitoris itself, rather than rub the outside skin covering with your thumb.ï¿½ In either case, the clitoris cannot escape as it is slightly lifted and held in place from behind with the first two fingers.ï¿½ This hold can be made in any other way desired, provided the point is borne in mind to imprison the clitoris form in front and from behind by one or two fingers, used in conjunction with the thumb.

e) *Theï¿½ areaï¿½ aroundï¿½ theï¿½ baseï¿½ ofï¿½ theï¿½ protuberanceï¿½ causedï¿½ byï¿½ theï¿½ mouthï¿½ ofï¿½ theï¿½ Cervice*

The small mound or swelling which may be felt at full fingersï¿½ length inside the vaginal passage is known as the Cervix, being the mouth of another passage leading to the womb and ovaries.ï¿½ It is small in some women and much larger in others and varies slightly in location according to the immediate stance or attitude the woman may be adopting at the moment.ï¿½ In any case it is just about within reach of tip of the middle finger of a normally-built manï¿½s hand and just out of reach of the tip of his first finger.ï¿½ All around the base of this hillock or protuberance is a centre of great eroticism, as well as the small oval-like opening situated at the top or summit of it, which may aroused in woman in any one of several ways or by a combination of all of them.

To begin with, the whole of the middle finger may be inserted into the vaginal passage till its tip contacts this mound and then feels around the base of it.ï¿½ The movement may be made to begin slowly at first, in a gentle, round and around clockwise motion and then be altered occasionally to an anti-clockwise movement.ï¿½ This round and around movement may be gradually increased in speed.ï¿½ Invariably the woman will begin to discharge herself in a very short while, which will be felt in the form of a slimy fluid, rapidly increasing in volume till it almost becomes a flood.ï¿½ In some women the discharge is so great as to spill on to the ground in the form of drops of liquid.ï¿½ It may be thought that she is passing urine which is actually not the case, although many women do urinate at this time with the intensity of the passion and excitement that overcomes them.

Variation of the round and around movement may be afforded by moving the tip of the middle finger up and over the summit of the Cervix, across the slit-like mouth of the passage leading to the womb, up and down along it, and down the other side and back again, in a back and forth gently-rubbing movement.ï¿½ The rotating movement may also be made to play in the form of a spiral, starting around and around at the base of the mound and slowly climbing up the sides of it till the summit or top of the mound, where the slit-like mouth of the inner passage is located, is reached, returning thereafter still going around and around, down the sides of the mound of the Cervix, to its base.

Provided your first finger is long enough and can reach this region, the intensity of passion in the woman can be greatly enhanced by using the tips of two fingers ï¿½ the first and the second ï¿½ instead of only one.ï¿½ The finger-tips can either operate conjointly, or individually, in all the rotating movements just described, in addition to moving up and over the summit of the Cervix and back again.ï¿½ ï¿½Wigglingï¿½ motions of the finger-tips, either together or independently, will increase passion, as well as a ï¿½vibratingï¿½ movement.ï¿½ This is made by increasing one or both finger-tips, either together or

independently, to the base of the mound, or on two sides of it if two fingers are employed.ï¿½ Then close the hand over the vaginal passage so that the palm of the hand shuts over it firmly.ï¿½ Press down slightly with the palm, so as to keep the end of the passage firmly closed.ï¿½ Then, from the elbow downwards, vibrate the whole forearm and hand in a rapid, but gently trembling movement, which may be continued by itself for some time or be made to alternate with, or go together with, the rotating and other motions just described.ï¿½ A ï¿½tappingï¿½ movement with the finger-tips around the base of mound, either one alone, two together, or alternately, will also excite her.

f) *ï¿½Openingï¿½ orï¿½ mouthï¿½ itself,ï¿½ orï¿½ theï¿½ Cervix*

This is the slit-like opening already described at the summit of the Cervix.ï¿½ If treated gently, it is a seat of great eroticism, but if roughly handled will probably cause hurt.ï¿½ The movements at this spot may be made with the tip of the second of first fingers, in rapid, small around-and-around clockwise or anti-clockwise motions, varied by gentle up and down, or sideways, rubbing movements.ï¿½ The tips of the two fingers may be made to play together, or alternately, rapidly around it, or along it or across, it up and down from any direction.

Finger-nails should be pared and kept short and clean before attempting any ï¿½finger-playï¿½ on any erotic region of the womanï¿½s body, and more than ever so with regard to this region.ï¿½ Taking this for granted, a nice feeling is given to the lady by very, very gently pressing down with the end of the finger-nail upon this region, either in and out, or up and down, or in a sideways direction, or around-and-around clockwise and then anti-clockwise, which imparts a deliciously ticklish sensation that will bring the woman to the height of an orgasm in next to no time.ï¿½ Care should be taken, however, not to insert any mechanical aid in the form of some small object into this slit-passage, as the same will cause hurt and other complication.

g) *Rightï¿½ upï¿½ theï¿½ï¿½ vaginalï¿½ passageï¿½ andï¿½ immediatelyï¿½ behindï¿½ theï¿½ lumpï¿½ orï¿½ moundï¿½ causedï¿½ by theï¿½ mouthï¿½ ofï¿½ theï¿½ Cervix.*

Here again, according to the length of your fingers, either the tip of the second (middle) finger alone, or the tips of the first and second fingers together, may be employed, working (according to their thickness) either conjointly, or separately, to make the around-and-around movements, the up-and-down sideways rubbing movements, the ï¿½wigglingï¿½ motions, and the ï¿½tappingï¿½ actions, indicated for the area around the base of the Cervical protuberance detailed under (e).ï¿½ Stress should be given upon imparting as much friction as possible from behind upon the base of the cervical mound so as to be partially lifting it while carrying out these actions.ï¿½ This will greatly enhance the friction on this part.ï¿½ The ï¿½vibratingï¿½ movement on a gently scale may also be tried.

h) *Theï¿½ frontï¿½ partï¿½ ofï¿½ theï¿½ vaginalï¿½ passage,ï¿½ justï¿½ oppositeï¿½ toï¿½ andï¿½ immediatelyï¿½ behindï¿½ theï¿½ clitoris*

Bringing friction to bear on this part, either by itself or together with direct friction upon the clitoris as well, will considerably increase excitement of the latter.ï¿½ As this frontal part is easily accessible to the touch, the tips of the first and second fingers either working together or individually in alteration should be employed to emulate the ï¿½rotaryï¿½, ï¿½rubbingï¿½, ï¿½wigglingï¿½, ï¿½tappingï¿½ and ï¿½vibratoryï¿½ motions already described at length.ï¿½ If the two finger-tips are kept slightly bent forwards or ï¿½crookedï¿½, fiction will be substantially enhanced and hence sensation increased.ï¿½ Treatment of this part may be slightly ï¿½rougherï¿½ than of the more interior regions

under ï¿½ to (g) already described.ï¿½ The feeling derived from any or all of these motions will be largely magnified by keeping the ball of the thumb pressed down upon the clitoris itself while the first and second fingers make the motions inside the front of the vaginal passage as already detailed.
The ball of the thumb can at the same time fractionize the clitoris itself by the various motions of ï¿½rotatingï¿½, ï¿½rubbingï¿½, ï¿½tappingï¿½ and ï¿½vibratingï¿½ or ï¿½wigglingï¿½ with the tip of the thumb.ï¿½ As has been stated before, this friction upon the clitoris may be of two sorts in all the above movements; namely, ï¿½exteriorï¿½ fractionizing by rubbing upon the exterior skin of clitoris, or ï¿½interiorï¿½ fractionizing by pressing down fairly hard with the thumb upon the outer skin of the clitoris, so that the outer skin moves upon and against the inside of the clitoris itself thus fractionizing it.ï¿½ Both movements provide a delightful sensation, but the former, if carried to excess, may result in a certain amount of chafing or rawness which is not the case with the latter movement.ï¿½ The thumb and the two fingers should be slightly pressed together from opposite directions so as to increase friction.
i) *Frictionising ï¿½of ï¿½the ï¿½vaginal ï¿½passageï¿½ andï¿½ theï¿½ clitorisï¿½ together*
This movement may be very effectively done by using two hands.ï¿½ The whole of the first and second fingers of the right hand work inside the vaginal passage to make all the movements already described as applicable to the vaginal passage.ï¿½ At the same time, the thumb and first finger of the left hand work upon the clitoris itself, making the different movements advocated as most applicable to the clitoris. ï¿½If found more comfortable, the duties of the two hands may be exchanged.ï¿½ Both hands, working thus together, impart such an intense height of eroticism to the woman that she will have orgasm after orgasm in quick succession.ï¿½ A shortened form of this movement is to use only the right (or left) hand, bringing the ball of the thumb to frictionize the clitoris from outside, and the first and second fingers to frictionize the vaginal passage from inside.ï¿½ The tendency should be to press the thumb and the two fingers together, from opposite directions, so as to increase friction upon both the clitoris and the vaginal passage.ï¿½ These movements have already been fully described more than once.ï¿½ But the usage of both hands will impart a far fuller feeling of satiation to the woman than will be possible by using only one hand.

11. The hard ridge of flesh between the vaginal opening and the anus

The tips of the first, second and third fingers, either singly, or by using two fingers or using all three, one behind the other, may be made use of in this region, employing various motions, all of which strangely enough, are very eroticizing.ï¿½ While keeping the finger-tip, or the finger-tips as the case may be pressed on this ridge, the tip or tips may be made to gently rotate in small circles, rub up and down, make small ï¿½stabbingï¿½ motions or ï¿½vibratoryï¿½ movements, or gentle ï¿½tappingï¿½ actions or sly ï¿½wigglingï¿½, ï¿½scratchingï¿½ motions against this region.ï¿½ friction in every case may be of two sorts as in the case of the clitoris itself being made either by frictionizing or rubbing against the outer skin of the region, or may be imparted by pressing firmly down with the finger-tip or finger-tips against the outer skin, and then rubbing the whole outer skin against the inner parts of the region.ï¿½ Both ways impart an erotic sensation of great intensity to the woman, but invariably the second way gives her considerably more excitement.

Variation can be given by running the finger-tip or the finger-tips gently to and fro along this ridge, beginning at the vaginal opening and going as far as the anus and back again. ï¿½ Or the ï¿½runningï¿½ motion can be varied with any or all the other movements described as may be thought fit.
In every case, the woman should be watched closely, albeit slyly and unobstrusively, in order to come to know which motions impart the most erotic sensations in her particular case, when those particular movements should be concentrated upon.ï¿½ Rising passion in the woman will be clearly known by the symptoms of hard breathing, discharging, trembling of the body particularly of the legs and knees, a strained, fixed expression of the face, a glassy look in the eyes which sometimes water and become red, a bowing forward of the head with the chin resting on her breast, and sometimes groaning, and grinding of the teeth and moaning sounds.

12. **The rectal opening itself, and inside it**
By nature of the very situation of this part of a human being, there will be great prejudice against meddling with it in any way whatever, which is only to be expected.**ï¿½** Be that as it may, it is nevertheless the seat of considerable eroticism in many women.ï¿½ Quite a number suggest to their male partner that he should accustom himself to inserting his penis into this opening rather than into the normal vaginal orifice.ï¿½ The fact that the risk of pregnancy invariably accompanies the latter act, whereas the former is devoid of any danger on this account, no doubt contributes towards this sentiment. ï¿½But it is also an undeniable fact that erotic feelings do exist in this region and help towards arousing the woman.
Moving around the external opening with one or two finger-tips, clockwise or anti-clockwise or both, or in slight up and down and sideways rubbing movements, begin to impart this feeling which becomes heightened by the insertion of a finger-tip to about half-an-inch or so.ï¿½ More than that generally hurts, and all manipulations should be made very gently, not only to avoid hurt or inconvenience to the party, but also to arouse more intense erotic feeling.ï¿½ Men and women with sadistic and masochistic tendencies delight in working on this region, as the insertion of the manï¿½s penis suddenly, or too vigorously, generally causes some hurt to the woman, which result pleases and excited the sadistic or masochistic emotions of one or other partner.ï¿½ But deep insertion of the penis into this region is not advised, as such action may contribute towards, if not cause piles in the female partner.ï¿½ Entrance should not exceed more than an inch in depth at the most, while gently external play with the finger-tips, which cause no hurt whatever, as a rule brings about more sexual excitement than forceful, painful entry, either with the penis or the whole finger.ï¿½ Together with ï¿½rotatingï¿½ and ï¿½rubbingï¿½ all the other motions already enumerated such as ï¿½stabbingï¿½, ï¿½vibratingï¿½ and so forth, may tried.

13. **Groins and arm-pits**
These regions have already been mentioned as erotic centers in the chapter on kissing as they are particularly susceptible to caresses of this nature.ï¿½ They may also be made the focal-points of finger-tip, lip and tongue play, where all the motions of rotating, rubbing, scratching, stabbing and vibrating may be used. ï¿½The pressure exerted should not be too-gentle, particularly beneath the arm-pits, as too-light a touch is inductive to a feeling of ticklishness which is disagreeable to anyone.ï¿½ Gentle ï¿½nibblingï¿½ and ï¿½bitingï¿½ with the teeth, if not done too hard, affords considerable pleasure, as well as

ï¿½snuggling and buryingï¿½ of the nose hard and deeply into these parts.

14. **Pubic hairs and hair under the arm-pits**
Using the flats of your first four fingers, or the palm of your hand, you can induce a delightful sensation in your partner by gently rubbing the pubic hairs growing upon and below her Mons Veneris in a downward direction as if stroking the back of a cat, the whole action being made more realistic, as said once before, by whispering each time, ï¿½pussy ï¿½ pretty pussyï¿½ and so forth.ï¿½ Upward rubbing does not induce so much pleasure as downward rubbing.ï¿½ But do be careful in doing the rubbing in a round and around manner, either clockwise or anti-clockwise.ï¿½ If you do so, be very gentle, slow and careful.ï¿½ Care should be taken not to rub hard or fast, as mentioned earlier, as if this is done the pubic hairs, if rather long, will become knotted together and entangled, when they will pull on their roots and cause considerable pain.ï¿½ Gently playing with the pubic hairs by pulling them out to the extremity of their lengths and then releasing them, to pull again, induces pleasure.ï¿½
The same may be done with the hair under the armpits.ï¿½ Playing with both sets of hair under both her arm-pits with the ends of one or two fingers, individually, alternately, or together with both hands, in any or all the motions enumerated, brings a subtle thrill along with it.ï¿½ Running all your four fingers, in comb fashion, through these hairs also brings enjoyment.

15. **Buttocks**
The buttocks are centers of considerable eroticism which appears to be particularly so to women of a lesbianistic temperament.ï¿½ Squeezing and playing with them, in the same manner as with your womanï¿½s breasts, will quickly excite her.ï¿½ For this purpose, you are advised to re-read item number 1 which deals with the breasts.ï¿½ All the hints given there may be employed on the buttocks.ï¿½ The slit between them and behind the rectal opening may be stroked gently, or the tips of the fingers, held closely together, may run lightly up and down along this slit.ï¿½ Gentle ï¿½stabbingï¿½ motions with the four fingers in this region will stimulate her.ï¿½ Rubbing of the buttocks, either singly, alternately or together, with the palms of your hands or the undersides of your four fingers, held closely together, in rotatory rubbing, stabbing and vibratory movements will excite her.ï¿½ For this it is the best you position the woman, naked and standing upright between your two thighs and knees, either facing you or with her back to you.ï¿½ In fact this position is almost the ideal one for manipulating any and all her erotic centers.ï¿½ Kissing each of the buttocks in turn, and all the slit between them, will surely thrill her.ï¿½ Standing the woman naked before you, grasping each of her buttocks between the palms and fingers of each of your hands, while gently ï¿½pullingï¿½ and ï¿½liftingï¿½ her upwards, rubbing the whole of the front of her body against the front of yours, will please her.ï¿½ Gently slapping the buttocks, while she is still in this position, with the undersides of the four fingers of each of your hands, will make her very happy.
Moreover, rub/interact your buttocks with her buttocks in such means and ways that she must ï¿½feelï¿½ the muscled ï¿½manlyï¿½ buttocks of yours and you should ï¿½feelï¿½ the voluptuous ï¿½womanlyï¿½ buttocks.

16. **Palms of her hands and Soles of her feet**
Both these parts are regions of eroticism and ideal for kissing in any one of the various ways and positions already mentioned in relevant chapters above.ï¿½ Finger-tip play, nose

play, tongue, lip and teeth play, in any and all the numerous ways already explained, may be employed here.ï¿½ The soles of the feet are more sensitive than the palms of the hands, both to normal feelings of ï¿½ticklishnessï¿½ as well as to feelings of eroticism.

17. **Titillation of the womanï¿½s breasts, nipples and between the breasts, the buttocks and between the buttocks, with the tip of manï¿½s penis**
The woman can be greatly aroused by this method.ï¿½ Seat her at a suitable height upon a chair or stool with her legs apart.ï¿½ Stand between them and, holding her breast in one of your hands and your penis in the other, titillate her nipple, areola, the breast itself and the valley between her breasts, with the tip of your penis.ï¿½ The titillation may be done in any one of several ways or a combination of them.ï¿½ The first is to allow the penis-tip to just touch the womanï¿½s nipple or other part very, very lightly, so that by shaking the hand holding your penis a sort of ï¿½flippingï¿½ ï¿½touch-and-let-goï¿½ contact is made. ï¿½ Other motions are those of ï¿½rotationï¿½, ï¿½rubbing up and downï¿½, ï¿½contact and vibrationï¿½, ï¿½stabbing and jabbingï¿½, and so forth.ï¿½ If there is no natural moisture or secretion at the end of your penis at this time, some saliva may be introduced upon it so as to avoid any abrasive, uncomfortable friction to both partners.ï¿½ If you are going to operate on and between her buttocks instead, it will of course be necessary to sand the woman up before you in order to get these parts in line with your penis.
In fact, it is advisable to make your penis to travel along her body from the soles of her feet to her fore-head and during its travel on her body let it lavishly play with her private parts very sensuously.

18. **Titillation of the womanï¿½s clitoris with the tip of the manï¿½s penis**
In this position, it is the man who sits down upon a stool or chair with his legs together, while the woman sits astride them, bringing her clitoris right up to the tip of his penis.ï¿½ She supports herself and him in this position with her two arms across his back or around his neck.ï¿½ With one hand he grasps one of her breasts, while he holds his penis with the other, titillating the tip of her clitoris with he tip of his penis in any or all the ways already described in (17) above; that is of ï¿½flippingï¿½, ï¿½rotatingï¿½, ï¿½rubbingï¿½, ï¿½contact and vibrationï¿½ and ï¿½stabbing and jabbingï¿½.ï¿½ Or, instead of holding one of her breasts, he may reach down and part the opening of the slit of her vulva to allow full play for his penis on her clitoris.ï¿½ By drawing herself up to him and raising her weight a little on the ends of her toes, which will be touching the ground, the woman can bring her breasts into contact with his mouth and lips so that he may suck them, or ï¿½nibbleï¿½ at her nipples.ï¿½ This method is guaranteed to arouse both the woman and the man to the fever pitch of sexual emotion.ï¿½ So also make to lie on the bed so that her buttocks should be on the edge of the bed; keep her legs very wide open and play with her clitoris with your penis in such a way that she should scream.

19. **Ice-Cream Sexual party**
Bring a pac of ice-cream in a semi-fluid condition.ï¿½ Apply this on her breasts, vulva, and clitoris, and start enjoying the ice-cream by licking and sucking to make her parts absolutely clear off the ice-cream. The same method may be adopted with semi-solid sweets also.
Similarly, pour your favorite milk-shake in a plastic cover and tie it around her neck in such a way that the cover lie should on her breast. Make a small hole on the cover in such a way that the milk should flow on her breast so that her relaxedly sitting position should

enable the milk to drop out throï¿½ her nipple of the breast. Now put your mouth around the nipple, on the areola, and suck the milk; this gives a lot of thrilling kick to her and a lot of enjoyment to you also.

UNUSUALNESS

Have no inhibitions of any sort in matters of sex, either with relation to the preliminary embracing and kissing you start with, followed by the love-play and handling, or ending with the final act of coitus itself.ï¿½ Never at any time allow yourself to feel backward or shy with regard to any particular posture, act or acts that the woman partner or you may be inclined to indulge in; never think to yourself, ï¿½this action is dirtyï¿½, or ï¿½that is something I would rather not doï¿½, or ï¿½ how horrible! I canï¿½t possibly do this!ï¿½. Let me tell you why!ï¿½ We will suppose that you have succeeded in arousing the passions of your wife to such a great extent that, in the heat of the moment, she does something that, hitherto, she may not have done or you may not have liked her doing because you entertain some mental reservations or prejudice against such an action as you think it to be dirty, filthy, obscene, or just ï¿½not doneï¿½.ï¿½ Well, she does this to now and you involuntarily shrink away from her or brush her off, or you tell her,ï¿½ Donï¿½t do that! ï¿½ or you turn around, or show her in some way that you donï¿½t like what she is doing. ï¿½ What happens?ï¿½ It is like pouring a large bucket of cold water on a fire.ï¿½ The fire is immediately quenched.ï¿½ And due to the presence of the water, it is damned hard to light the fire again.ï¿½ The woman is at the heat of her passion when you, on account of some preconceived mental prejudices or ideas of your own, shun her AT HER VERY MOMENT OF NEED.

The shock to her, emotionally, is extremely great!ï¿½ The disappointment she feels is intense! Most important of all, she ï¿½loses faceï¿½ and you have made her ï¿½look smallï¿½ and put her in a very embarrassing position.ï¿½ You have done something that affects you in your sexual relationship with her in the long run, just because you have spurned and insulted her ego, and that ego is her very core, just as it is yours and mine. ï¿½ She hoped inwardly, emotionally, subconsciously, egoistically, that you would come up to her expectations by acquiescing and by returning, enjoying and reciprocating her outburst of extreme, forthright passion.ï¿½ But instead of coming up to those hopes and expectations, you have coldly turned her down. How would you like her to treat you in the same way, my friend?

Suppose you were both indulging in intercourse and you were all worked up and about to have an orgasm, at the height of your passion you do something to her which she considers to be ï¿½filthyï¿½; and because of this she stops suddenly and tells you, ï¿½Donï¿½t be so dirty!ï¿½.ï¿½ How would you feel about it, my friend?ï¿½ Would not the passion die within you? Would you not undergo a mixture of feeling ranging through frustration and disappointment to anger?ï¿½ In short, would you not feel like a wet rag? Even you may be eager to teach her a lesson with the same coin but in a different perspective. Well, so will she if you let her down at that crucial moment. Donï¿½t think that, just because she is a woman she has not human feelings.ï¿½ She is human; like you! ï¿½ So, donï¿½t let her down when she really needs you.ï¿½

On the other hand, if you want a happy union at that moment, and if you desire to continue to live happily married, encourage her all you can and all the way.ï¿½ Show her that you are enjoying what she is doing to you, and do the same thing, and more to her, and do it better!ï¿½ Show her that two can play the same game, and that you can play it more efficiently than she can.ï¿½ She will love you all the more for your acquiescence, for your skill and prowess, and for your cooperation, and sheï¿½ll be faithful to you.

A very exciting position and one that is guaranteed to arouse passion not only in the woman but also in yourself, is ï¿½Position-69ï¿½.ï¿½ There are 4 sub-positions or attitudes in this position:

1. You lie on your left/right side, and the woman on her left/right side correspondingly, both facing each other but with heads in the opposite direction to each other, in such a way that each has free and full access with mouth, tongue, lips and teeth, to the otherï¿½s sexual organs.
2. You lie on your back and the woman lies on her stomach on top of you with her head opposite to yours, her thighs straddling your face to bring her clitoris and vulva to your mouth, and her face and mouth upon your penis; so also the vice-versa position i.e. with the woman down and you on top.ï¿½ Similarly the same two positions may be adopted on a relaxing chair.
3. You stand on your four (that is on your hands and legs) facing up and let her stand astride on your face so that her vulva should easily be available to your mouth fully and bending on you let her taste your penis.
4. Adopt this 69 position on a swing while it is swinging so that the swinging sensation adds to the prevailing sensuous feelings to create a thrilling sensation.
5. You innovate varieties of further different 69-positions; thereby create and have thrilling sensual kicks.

The same ï¿½suckingï¿½ and ï¿½lickingï¿½ of each otherï¿½s sexual organs can be done by both partners to each other in any other convenient position they may wish to assume. Returning now to our main theme on the subject of having no inhibitions, both the male and female partners should to endeavour to grow up together on such terms of mutual intimacy that nothing is too disgraceful or too dirty or nasty, for one to do to the other or in font of one another.

The 5 senses of seeing, feeling, tasting, smelling and hearing should be, each and all of them, slowed to play their full part and exercise their utmost significance in sexual practice, and these 5 senses the two partners should unreservedly acknowledge, allow and accede to each other, without any reservation or reticence whatever.

1. **Sense of Seeing**

Each partner should allow the other, (and find mutual enjoyment in so allowing), to watch all the erotic actions and things that are going on, the so-called ï¿½vulgarï¿½ things that he or she, or both of them, are doing, in order to heighten each otherï¿½s and their own, passions.ï¿½ They should draw each otherï¿½s attention to these things very frequently. ï¿½ They should keep their passions at fever pitch.ï¿½ Both he and she should please and excite the other partner, by watching these things himself or herself.

2. **Sense of Feeling or Touch**

This feeling should be given the fullest scope to by both partners, particularly in kissing, embracing and Love-Play.

3. **Sense of Smell**

Surprising as it may seem, this somewhat obscure sense of smell plays its own part too in the realm of sex. We have heard and read the terms,ï¿½ woman smellï¿½ and ï¿½man smellï¿½.ï¿½ Each individual has her or his own distinctive ï¿½aromaï¿½ or ï¿½odourï¿½. ï¿½ During the sexual interaction, enjoy the opposite genderï¿½s unique smell at arm-pits, private parts at fever-pitch in the throes of sexual eroticism and excitement, enjoy so secretly, or openly, so deeply and so well.ï¿½ The smell of the seminal fluids, distinctive to

each partner, and of the sexual organs of that partner are ancillary factors to brings in excitement.

4. **Sense of Taste**
In this the tongue plays a major part, aided by the lips and the teeth.ï¿½ Full descriptions and opportunities for indulging in ï¿½tasteï¿½, tongue, mouth and teeth play have been afforded while describing the Love Play above.

5. **Sense of Hearing**
This sense helps us to recognise when the other partner is becoming sexually excited, particularly the woman partner. ï¿½For then she breathes hard, gasps, groans, moans, grits and grinds and gnashes her teeth in the those of sex and whispers encouragement to her man, ï¿½go,go,go onï¿½ or ï¿½itï¿½s coming, itï¿½s comingï¿½ and ï¿½itï¿½s come, itï¿½s comeï¿½ ï¿½ encouragement that we love to hear and expectantly wait for.ï¿½ One ancient writer has gone so far as to say that the mere sound of the othe partner passing urine ï¿½ not to mention the sight of this action ï¿½ brings sexual excitement.

Epilogue

ï¿½ In every case you should watch your woman while you are working on her and look for the signs and symptoms of eroticism.ï¿½ If, instead you observe that she is experiencing feelings of ï¿½discomfort, pain, ticklishness or displeasure in any shape or form, STOP IMMEDIATELY what you are doing and try something else.ï¿½ To try to force eroticism upon the woman by compelling her to undergo and like what you are doing to her and suffer into the bargain, (as when in reality she does not like it), is a disastrous and futile policy.ï¿½ It will only turn her against your proceedings and ultimately against you, thereby doing harm and no good, while completely nullifying all the objectives you have been striving for.ï¿½ It will only lead you to failure and disaster.ï¿½ Progress, no matter how slow, is yet progress; while ï¿½hasteï¿½ makes ï¿½wasteï¿½ in every sense of those terms.
A very, very, very useful tip to bear in mind at all times is to watch a womanï¿½s eyes closely with out letting her know you are doing so. ï¿½In the course of love-making, ladies have the unconscious habit of glancing downwards at the part of their own bodies to which they would like you to pay attention.ï¿½ Follow up this tip therefore, and when you notice your partner glancing downwards at her breasts or pubic region, lose not a moment in gratifying her secret desire, so coyly but unconsciously betrayed by her, by paying the necessary attention to that part.ï¿½ As with nearly everything else, it is necessary to experiment in order to ascertain what methods of holding and which methods of kissing, most excite your woman.ï¿½ But donï¿½t let any one particular way become stale.ï¿½ Vary your approach each time so that she can always look forward to a pleasing surprise. ï¿½ ï¿½Variety is the spice of lifeï¿½, as somebody put it.
Never, never, never try to conquer her by force.ï¿½ Not only will you fail, but the woman will take an aversion to your love-making and to you.ï¿½ Gentle, soothing, surreptitious, sly, cunning, are the passwords for these operations.ï¿½ To repeat once again, ï¿½Slowly, slowly, catch ï¿½um monkeyï¿½, as the Chinaman said.ï¿½ Do not hurry, but go forwards by degrees from conquest to conquest.ï¿½ At the same time, watch your woman closely without letting her know you are doing so.ï¿½ If you find she expects more from you, wants more from you, give her that more and still more again.ï¿½ If she wants a little

rest, allow her that rest.

BUT NEVER, NEVER, NEVER, NEVER LET HER GO UNSATISFIED.

Kiss with your whole being or not at all. It is better to give too much, to kiss and fondle her too much, rather than too little.ï¿½ Nothing is so devastating to a woman as to have her erotic emotions raised to a peak, only to be dashed down in disappointment thereafter. ï¿½ The Ancients said, and said wisely, that those who are skilled in the game of love may kiss many times, but each kiss would be different from the one before.ï¿½ This game should ever be kept alive between you and your woman and should never, never be permitted to grow cold or become stale. ï¿½There are many little ways in your every day movements by which you may give her a sexual thrill, such as by lightly brushing against her breasts with you hand, arm or body, or by rubbing your body against here in passing her or by coming up silently from behind.ï¿½ She will understand you hidden; unspoken invitation and it will surely thrill and create a great expectation of sexual feast in the coming private session with you. Her expectation and imagination will be set afire. BUT PLEASE KEEP IT UP TO SERVE THE FEAST WITHOUT FAIL AND TO HER SATISFACTION. So, let yourself go, my friend.ï¿½ Donï¿½t be a hypocrite or pretender.ï¿½ Be natural be true to yourself and to your woman.ï¿½ Have no inhibitions, no dislikes, no gesture of fastidiousness, reservation or of ï¿½holding backï¿½.ï¿½ Throw yourself into sex heart and should with your woman when you perform the act.ï¿½ Satisfy her fully and be satisfied yourself.ï¿½ She will cherish you all the more for it and you will cherish her, and the continuity of your married life and home will be fully assured.

----------XXX The End XXX----------