HONEY-MOON ITS IMPORTANCE IN MARRIAGE

Honeymoon is the period of opportunity for the married couple in a new environment and away from the usual social values, to understand each other with concentration, and to evolve their own personal values and determine the course of direction of their marriage with commitment. Therefore we have to understand that: (1) for the newly wedded couple, honey-moon is a golden opportunity which they should not miss; (2) the environment should be new to them and they should be strangers in that environment; (3) the place should be away from their society as such the social values of the area should not be of theirs so that the social values should not affect their privacy; (4) the environment should be favourable to be lonely (but at the same time safely) so that there should not be any hindrance for the concentration which is very vital aspect during honeymoon; (5) and so also the environment should be favourable to them to evolve their own personal sexual values; (6) and resolving to love each other forever, under any circumstances.

Honeymoon is for fun and excitement in terms of sexual enjoyment. The expectation is for taking care of sexual needs sentimentally and emotionally whereas the need for arranging the honeymoon is to enable the couple to understand each other and learn the basic factors for happy married life through sexual dimension. Here expectations are to be met, needs to be fulfilled desires to be satisfied and urges to be satiated. One should understand thoroughly the other's personal values and perceptions about sex and the opposite gender and, as far as possible, the expectations and desires, in this regard, are to be fulfilled.

In fact, sexual gratification, satisfaction and satiation are very important aspects to be achieved in the honeymoon and they have to learn the other important aspects of marriage through the sexual modes during this period. While enjoying their romantic love to the full extent in this period they should make a strong base for their froth-coming companionate love. They should understand the aspects of marriage and try to gain to these

aspects through sexual dimension to achieve the ultimate goal of happy married life. The honeymoon is a laboratory where for blending the two characters requirements are: trust, love, understanding and compatibility without egoism and selfishness. It is a class-room where both should learn to understand each other, try to have absolute understanding between them learn the important basic fundamental aspects in marriage and implement the important factors for conjugal happiness. Now we will try to deal with these various aspects and factors in detail.

First of all they should leave all their sexual values and inhibitions and approach each other with only motto of achieving satisfaction and satiation for the both. In fact most of the aspects for this achievement hold good for their happy married life outside sex also. The important aspects are: - free communication, togetherness, privacy, mutuality, sexual equality and mutual pleasuring, compatibility, adjustability, adaptability, joyful companionship, respect, sharing, intimacy, co-operation, innovations and flexibility but without egoism, selfishness, self-respect, rigidity, hurting, neglect and helplessness. One should help the other to follow the above-mentioned aspects in addition to leaving socio-sexual values and inhibitions.

Let the couple understand the importance of sex in marriage. Then let them develop it to their satisfaction and satiation and after achieving the success, by extending the important factors for conjugal happiness in their married life, they can lead a happy married life throughout. In a survey of 4246 men and women in America aged 50 to 93. The survey conducted by consumers' union reported in 'love, sex and aging', nearly all men and most women in their 50s and 60s continue to view sex as important to their marital relationship. Even beyond 70, only one woman and one man in four feel that it is no longer matters. When two human beings, each being opposite to the other in gender and not connected by affection, join to lead a life then it is for the purpose of mutuality in all the aspects of life. As the partners are, generally not known to each other from their earlier stages of lives, the purpose of mutuality will not be fulfilled unless and otherwise they learn and build up good understanding and implement the important factors leading to secured happy and

successful sexual life in marriage trying for absolute satiation and satisfaction for each paves way for the successful mutuality throughout their married life hence without successful sexual life between two partners there cannot be a last longing love in their married life. In a nutshell, if mutuality is the basis purpose of marriage, then the mutuality with sentimental and emotional attachment is called love; and the basic concept of mutuality in love can be understood and properly utilised through sex in marriage. Hence successful sexual life is the primary factor for a happy married life throughout.

Marriage is fusing the complimentaries for mutual care and responsibilities; first fusing of body and mind for sex and thereafter fusing of personality traits for the common purpose of care.

In ‘international encyclopedia of the social sciences’ vol.10 David l.Sills defines marriage as " a culturally approved relationship of one man and one woman…….. In which there is cultural endorsement of sexual intercourse between the marital partners of opposite sex, and, generally, the expectation that children will be born of the relationship".

Marriage is the blending of two characters for a common cause. Firstly, i. e. immediately after wedding, the common cause will be sex; later on, after certain stage, one more will be added, i.e. mutual care and in third stage the third addition is child, or children and at this later stage all the three have to be taken care of for everlasting happiness. As generally in marriage any crisis on account of egoism comes from man, but in sex he will compromise with this trait for equality. The principle of sex dominance in marriage as explained by David l.Sills in ‘international encyclopedia of the social sciences’ that the opportunity for dominance exists in a dyad when resources derived by one member are controlled by the other. In sex, for a man, the resources are with woman under her control as such the man, instead of dominating, compromises with equality with his woman for sex. Therefore any woman will be happier till the first stage on account of equality and mutuality, but she starts getting set-back after this first stage when sex becomes routine, that is when the resources are not that much desired, to see her man slowly showing his egoism on account of the same dominance principle wherein now the resources are under

his control and moreover on account of the second principle of dominance wherein he has now the least to lose through the termination of relationship thus to dominate in exchange for his continued participation. Therefore, it is very essential for the couple during their honeymoon itself to arrive at an absolute understanding without egoism and selfishness between them with the only motto of keeping happiness for the both through out their marriage.

Therefore, in the honey-moon, they first should learn and understand the important aspects for happy married life and implement most of the aspects in honeymoon thro' their sexual interactions and relationship. First of all let them try to understand values, expectations, needs, desires and modes of satisfying a man by a woman and a woman by a man; in particular of the other partner. Secondly satiation should be the aim of the honeymoon. Thirdly understanding the important aspects of happy marriage thro' their successful and satisfied sexual relationship. Fourthly they have to resolve to carry on the companiate love throughout and passionate romantic love on bed.

In any just married couple's point of view, honey moon is the period of allotment for exclusively enjoyment of sex; but whereas the actual purpose is to create an environment outside their social values, to adopt their own personal values with better understanding. Expectations and anticipations will be at peak, potential energy and bio-level will be very high because of which any interaction between them will create unusualness.

Irrespective of their previous interactions, as the honeymoon happens to be their first interactions as husband and wife, such interactions will create very strong impressions about each other's personality. Therefore, both should understand the real purpose of honeymoon and make use of it so as to create strong positive impressions about each other so that such impressions will pave way for better understanding compatibility in their marital life. Honeymoon is the first time in their life they feel the comprehension of togetherness, privacy; and interactions out of social control.

As honeymoon is to view, feel and enjoy the absolute natural beauty of

the other, and act as per the nature's purpose, it is preferable to feel the honeymoon's conjugal bliss on the nature's lap. The place should have purity of nature, most amicable for privacy (may be secluded but secured), away from their social influence and interventions, and the environment being the most suitable for concentration. The place should be situated in such environment so as all the five senses to feel nature; thereby the oneness with the nature will teach them the lessons of their marital life. The purity of nature indicates the purity of their relationship, i. e. keeping away their ego, self-respect, status and prestige away from their relationship. The naked beauty of nature exposes the purpose of nudity in their mind also: i.e. free and frank without any inhibitions.
The main purpose of honeymoon is to constitute trust, develop understanding and commit to care for other's satisfaction, satiation and happiness and this purpose is to be fully satisfied on sexual plane during honey-moon, and later on in their life, they can translate these factors to their marital life outside sex also. Fundamentally satiation in sex is a must in honeymoon for which one should understand the wants, needs, expectations, anticipations, ambitions, purpose and priorities of the other in sex; wherein the wants, needs, ambitions and priorities depend upon personal sexual values; expectations and anticipations depend upon socio-sexual values and purpose depends upon emotional condition and bio-level. Here the purpose is very vital because the purpose for which one partner enter into sex at that time indicates to what extent, or upto what stage, the sexual act can proceed to in that event; however it is to be noted that proceeding further without consent will only create the negative impressions affecting the sexual and marital relationship in the long run, - here 'give and take' is the golden principle for satisfaction of the both. As the whole purpose of honeymoon is to understand and satiate each other on sexual plane for which each should know these three: understanding, satiation and sex. Now we will study the factors for satiation with understanding on sexual plane, but however before going into that first of all we will see marriage in different angles so that the couple should resolve to commit to their marriage even under the circumstances 'what may come'.

Marriage is fusing the complementaries for mutual care and responsibility (here responsibility means responsibility of keeping the marriage happy and bringing up their children in a better way; and care is, in totality, including sex, for satisfaction, satiation, better health and happiness). Marriage is adjustment of complementaries for mutuality and (marital) sex is enjoyment of complementaries for mutuality. Marriage is the blending of two different characters for a common cause; to understand marriage a detailed study should be undertaken on characters, difference in the two characters, common-cause, blending and how to ward off negative effects and make use of positive results for the happiness of the both. Marriage is run by licensed opposite sex partners, aspected by social values, bound by religious principles and governed by legal aspects. Ideal marriage is a commitment for happiness of the both with trust and understanding, but without selfishness, egoism and without creating helplessness for self-interest. Marriage is socially recognised and legally accepted commitment of a man and woman to live together for mutuality and responsibility with trust, lust, love, care, intimacy, respect, understanding and commitment without selfishness and egoism within their marriage. Again, marriage is fusing the complementaries to beget happiness forever. The concept of marriage is evolved and maintained to create the security of care; and sentimental care without selfishness is called ‘love’; therefore love is the vital force for happiness in marriage and its consequence, viz. family.

Having understood the purpose of marriage-concept evolved by society next, the couple should thoroughly learn the important factor for their honeymoon and as well for their marriage. At the outset the pre-requisites for honey-moon are: - (1) understanding: _(a) negative and positive personality attributes; (b) sexual values; (c) biological, physiological and psychological differences between a man and woman in detail; (2) grasping the other’s wants, desires, expectations, anticipations, ambitions in sex and personal sexual values of the other; (3) developing absolute care of the other, togetherness, privacy, sexual equality, sharing, co-operation and co-ordination; (4) learning free, frank and honest communication, specialization of non-verbal communication between

them, intimacy, adjustability and adaptability for compatibility; (5) leaving inhibitions and socio-sexual values for satiation; (6) adopting their own sexual values and personal values with a commitment to the happiness of their marriage.

With regard to personality attributes the negative attributes are: egoism, selfishness, rigidity, enjoyment at the cost of other's self-respect and self-esteem, and encashing the other's helplessness; the main positive attribute should be the intention to make happy with adjustability and adaptability for compatibility. Each should understand that the ultimate aim on one's life, i.e. happiness, can be created and maintained for the both, in marriage, through satisfaction and satiation with sentimental care. One should understand that negative attributes may produce short-term advantages but spoils the long-term relationship and happiness, whereas the positive attributes will definitely create happiness in the long run. This is not a principle of philosophy but, in fact, it is the philosophy of marriage.

Sexual value is the most important chapter in honeymoon because any human-sexuality before marriage is totally aspected, influenced and controlled by socio-sexual values and drastic changes take place in its aspects influence after marriage; but unfortunately unless the couple get the maturity of these values, in spite of the drastic change, the lingering ghost of these values will have effect on the sub-conscious effecting the conjugal bliss, many a times even without knowledge of both. Therefore, it is very pertinent for the both to understand the purpose of the socio-sexual values before marriage, its withdrawal in their marriage, and necessity of forming their own personal sexual values within their marriage.

All societies have rules to regulate sexual conduct. The most effective rules are those to which people attach important personal meaning. Such intemalised rules are called 'values'. Prof.Radha Kamal Mukerjee, the father of Indian sociology, defines 'values' as, "socially approved desires and goals that are intemalised thro' the process of conditioning, learning or socialization and that become subjective preferences, standards and aspirations." The psychological and social sciences dealing with values define them as mere preferences and aversions, as desirable goals,

emotions and interest. The humanistic disciplines, on the other hand, define them as functioning imperatives or ‘oughts’. The system of values, in Mukerjee’s opinion, is the outcome of uniform interest, beliefs and patterns of conduct of group members who all the time are occupied in forging chains which they have to wear themselves. Society as a whole thro’ the clash of ends and values tentatively works out, like all living things, its adaptations to new environmental conditions and situations, the constant change in which calls for new social values and ideals to provide social guidance. Human urge, behaviour and value comprise a unity; the man’s various roles are oriented towards a variety of socially sanctioned values, and values, ideals, and norms, according to Mukherjee, form a coherent and harmonious hierarchy, comprising the basic common knowledge of the human situation and the right principles of behaviour of individuals and groups. (refer’ society and culture edited by R.A.Loorib and G.R.Madan).

Sexual values can be viewed from two sides: one being socio-sexual values and another being sexual values. The pattern of interactions with regard to sex designed by society blended with culture for which one attaches meaning and importance are called socio-sexual values; and such pattern of interactions and acts, with regard to sex, designed, or construed to have been designed, by socio-cultural values but blended by one’s knowledge and freedom for which one attaches meaning and importance are called ‘sexual values’. We can even define the sexual values as "sexual values are the impressed concepts being the deciding factors for one’s actions and interactions with regard to the difference in gender". In fact, more detailed study about the values and convertible factors is available in the article/chapter, ‘intricate and intimate relationship between two human beings’.

Generally, social values are created to monitor the basic factors upon which the society depends upon its existence, control certain happenings and restrict certain outcomes; in turn socio-sexual values, in general, monitor the factors like its population, sex-ratio, economic influence over population, security for children, etc; control the sexual phenomena outside its accepted norms and restrict the outcome of such phenomena i.

e. generally, the pregnancy and child birth outside the accepted norms and procedures. Even though the aim and purpose of the sexual values are almost same in all the societies, the methodology differs from one society to another depending upon mainly economy, knowledge, freedom and trust of and among the members of the society. One of the accepted norms in all the societies is the marriage; therefore, no sexual value except that one based on health grounds should have any effect on either partner in the marriage and instead of socio-sexual values the 'important factors' should only be substituted in the marriage.

Now that one can understand and realise the socio-sexual values are basically meant to safe-guard the women members of the society from the consequence of sexual 9interactions and on realisation of this security on account of marriage the socio-sexual values have no value in marital conjugality. This is to be understood thoroughly and as such the couple, during the honeymoon. Formulate their own personal sexual values. The golden principle of such personal value is to allow any sort of sexual interaction between the couple, within health norms, with interest, or consent of the both, with the intention and such actions so as to create satisfaction and satiation to the other, but not affecting the socio-sexual values outside their marriage. However, the only exceptional area wherein the socio-sexual values can be exploited to the advantage of pleasure in a sexual affair of marriage is unusualness.

The general differences between manhood and womanhood are as follows: -

Manhood; womanhood

Muscles ; rigidity fat

Child giving; child bearing

Giving is optional; and acceptance is non-optional.

Emotional stability ; emotions, sentiments, and possessive.

Performing; to be perfomed

Impressing; attracting

Penetrating; to be penetrated

Discharging on account of satiation; discharging for enjoyment

Approach-adventurous; sensational feelings and security.

Woman's expectation of man's approach:- not easily available, and utmost peeling penetration type
Man's expectation of woman's approach:-care and regard for his prestigious genital, etc.
On analysis one can note that the approaches or expectations of the opposite genders with regard to any attribute will be opposite but whereas approach and expectation of the opposite genders with regard to any particular attribute will almost be similar. It means his expectation and her expectation with regard to any attribute in sex will be opposite; but whereas his approach and her expectation, or her approach and his expectation, with regard to any attribute in sex will be similar. Therefore we can conclude that, in sex, the complimentary part of any attribute is to fuse the opposite qualities of the attribute so as to make each to enjoy what the self does not possess and the interaction of the opposites; and this fusing of the opposites as a complimentary is the fundamental principle of sex. This complimentary adjustment of the opposites for the benefit and happiness of the both is the best principle of sex. So also such socio-sexual values, which encourage the principle of complimentary adjustment of the opposites for the benefit and happiness of the both, without affecting economy and population, are the best principles.
For women, enjoyment is on account of ‘to be handled’ and for man on account of ‘handling’. For women the urge is quenched by being handled, and being performed with qualities of strong, rough and rigid in depth, but for men the urge is quenched by handling, or doing with soft, smooth, not easily available, completing invariably by orgasm by rigid, violent and strength in depth. In sex, woman wants her man to act with ‘peeling penetration’ type with her whereas man wants to approach woman with ‘adventurous’ type. When the urge starts man ‘performs’ and after the performance the purpose is served and hence he gets satiated but whereas for women there is no performance, on her part, but she is to be performed till she gets satiated. In a man, the nerves’ alerted area, in sex, is situated in one area, and once it is triggered, it performs, emits and cools down thereby he also cools down; whereas, in a woman, nerves’

accumulated areas are many and once they are triggered, they have to be handled till they cool down and afterwards only she cools down. Women to be handled, man handling, women to be performed upon them, men performing on women, women attracting, men impressing, women to be penetrated, men penetrating: these indicate that the target of pleasure is womanly body and it is to be activated by manhood. Hence woman is initially passive and man is active, and the passiveness is activated by motivation and proper handling; once activated womanhood joins with the manhood in the sexual activity. Fortunately man acts and gets satiated, but whereas womanhood has to be acted upon thereby she gets satiated.

The most important and significant area where women have a clear demarcation from men is the function of reproduction. Women play a key role in this process for a long period; on the contrary, men's role in the reproductive process is very short and transient. Her role in the reproductive system makes her suffer from different corners; during this period she overcomes various types of body changes and functions. Men have 15% longer muscles and 30-40% thicker than the muscles of women at the adult stage. The muscle fiber of men and women are of two types, and it is the fibers of men that use oxygen more efficiently for which men are able to work harder than women. The blood composition of the sexes also differs; and in terms of size and weight of the brain, men as a group has more of it than women. Evidences show that women have greater stamina to face stress and strain of living and ward off fatal diseases like heart attack.

In fact personality formation and social interaction do come under the spell of biological factors. There is correlation between androgen and pugnacity. All this cannotes that there is biological basis for psychological differences between sexes. It is apt infer that social dominance of men and women's subjection are rooted in bio-psychic conditions of mankind; thus cumulative causation acting on the natural conditions of men and women has created the unequal cleavage between them. Girl produces more estrogen than the boy and the differential secretion becomes more divergent; and the increased estrogen in the girl is sufficient to develop

secondary sex characters. Males do not experience cyclical variation in the hormonal level. That is the reason why every husband should know the reasons for different moods of his wife at different periods on account of her cyclic variations in her hormonal level and moreover he should understand the slight physiological changes in his wife in tune with her hormonal levels, and make use of the changes to their advantage of sexual satiation. Women are more emotional because of the difference in placement of compartments in brain in man and woman (refer ‘the feminine gender’ by Vivekananda Dasand I.N. Dash).

On account of different hormones in different levels at different times, this different permutation and combination of different hormones in different proportions always create different emotional levels at different times in a woman, thereby her attitude also differs in tune with her emotions; so also on account of influence of emotion, the perception also differs from time to time. Moreover, as the placement of her emotions’ compartment in her brain adjacent to thinking compartment, usually her emotions are high just on account of input of such information; but whereas of man’s thoughts, or input of information's, cannot influence his emotion side unless it is very strong in this aspect. As the man’s reaction usually lack emotions but consists self-interest, this attitude is viewed in the woman’s emotional variables point of view as cunning. Therefore a man sees the woman’s easy tendency towards emotions as lack of common sense, but whereas a woman sees her man’s attitude, on account of lack of emotion but with self-interest, as cunning. This is one of the main psychological differences in their perceptions and attitudes. Now we will see the difference in deep-rooted longing in the both which are not exposed outwardly. A man because of his totally materialistic involvements outside his home, on contrary he inwardly will long for sentimental care from his wife (i.e. home); but on account of high influence of being independent he many not expose inward longing outwardly. This is his weakness which if his woman exploits to full extent to the full satisfaction and satiation of her man he will dance according to her tune within his marriage, which is very important for every wife to keep her man in her possession. So also on account of high influence of socio-sexual values in a woman, it is very

difficult to understand the interest, liking and urge of his woman. We have to understand here that this emotion is on account of involvement in the subject matter. Moreover, because of emotion is nearby her thoughts, with trust and security, if her man can create sexual perceptions on account of interactions to her liking, interest and urge, she easily gets involved in it and reacts emotionally. This is her weakness whereby he can create possessiveness in her which is very useful for him to make her care for him.

A man's approach to a woman in sex is on account of- (1) unusualness; (2) values (personal sexual values). In other words, his involvement is on account of what she does not want to expose, what he does not have (but she has), difference in nature, unusualness and his personal sexual values. In brief, his enjoyment is with adventure or for adventure. So also a woman's participation is on account of l 1) values (social and as well as personal sexual values); (2) secured warmth feeling; (3) difference; (4) for interactions with her nerves' accumulated places. In other words, she is for secured, warmth feeling, enjoyment of feelings inwardly breaking the social values with which she is brought up but to the tune of her desires. One should note hers that sex is an unique field wherein except the differences in gender no other difference comes in the way of the field once the interaction starts with sexual drive in both. Generally, on account of high influence of emotions, a woman goes by impressions, and a man, on account of lack of it, goes by assessment.

As the marriage is a binding process in blending of two characters of opposite sex to take care of each other and the family each partner should know the general characteristics of a woman and man; the individual characteristics of her man, or his woman; necessity of adjustment of, or to, the characteristics within marriage to the advantage of the family; and of compromising to each other's needs. 'Take care of each other' means that understanding and fulfilling each other's needs, including sex, for which egoism and selfishness are the bitterest enemies. Now we will see requirements for achievement of the above:-

- Trusting and keeping up the other's trust;
- Understanding;

- Adjustment, compromise and giving up, if necessary, to advantage of marriage;
- Mutuality, and equality, whenever necessary (note that equality in all in sex and equality, wherever necessary, in marriage);
- Fulfilling the other's needs including sex;
- Responsibility of family and duty of positive output to the advantage of family.

Success in marriage depends upon the: -

- Satiating in sex;
- Sharing sentiments;
- Pacifying emotions;
- Caring needs and health;
- Securing materialistic needs for present and future for the family;
- Giving respect for the other partner's positive values and maintaining the marriage as a single unit of the two;
- Understanding and fulfilling the other duties and responsibilities in marriage towards the family.

'the other duties and responsibilities in marriage are:-

- Cleanliness, neatness and maintenance of home;
- Systems;
- Economy of the family;
- Bringing-up the children;
- Presenting their marriage, home and family in the positive perspective.

Now we will see the most important basic fundamental ten factors for happy married life:-

- Trust;
- Building and maintaining confidence of security of emotional, sentimental and spiritual needs with care and respect;
- Understanding;
- Adjustments;
- Sexual gratifications;
- Fulfilling one's specific accepted roles sincerely;

- Helping for self-confidence and personality development;
- Bringing-up their children with moral, health, educational, intellectual and socio-cultural values;
- Commitment to:- free communication, frank discussion, mutual consultation, togetherness, privacy, mutuality, sexual equality, compatibility, compromise, adjustability, honesty, adaptability, sympathy, empathy, satisfaction, satiation, happiness, joyful companionship, respect, sharing, intimacy, co-operation, co-ordination, compassion and fair looking presentation of self;
- Ensuring the following not to poke their nose within marriage: - egoism, selfishness, self-respect, rigidity, hurting the feelings, arguments, neglect, helplessness, humiliation, criticism, contradicting (convincing is better than contradicting), offensiveness, and provoking accusations.

Having gone through the important factors for a successful marriage, we will now revert back to honeymoon. Honeymoon is the period of opportunity; of course, for this, the pre-requisites are: (1) keeping selfishness, egoism (except for gender role) and helplessness and creating helplessness (except for fun for both) away from their marriage; (2) trust and love; (3) putting aside their regular anxiety, stress and tension in their normal life; (4) open mind with preparedness for adjustability, adoptability and adaptability. Aim of the honeymoon being understanding, the motto is satisfaction, satiation and happiness. The honeymoon period is to be utilised:-

- To learn to come out of their social values, in totality, and to keep this total lack of effect of social values only within their marriage;
- Knowing each other’s needs, desires, preferences, commitments, sentiments and goals through love;
- Understanding the each other’s personal sexual values;
- Learning the physiological, biological and psychological aspects of the other gender in general, and the specific physiological, biological and psychological aspects of the partner, in particular;
- Learning the physiological complementaries between them and in the process the hot spots;

- To satisfy and satiate each other thereby creating happiness to the both;
- To understand and implement the important factors for conjugal happiness;
- To establish the free communication firmly between them;
- To express, understand and grasp non-verbal communications between them and to establish certain peculiar communications understandable to them only;
- To respect each other's sentiments without egoism;

While dealing with the gender roles and values: (i) to understand their respective sociological gender roles; (ii) to remove their respective gender-roles completely (except for fulfilling desires and expectations) and in totality in their sexual interactions, and adopt different roles according to convenience and needs with the sole motto of attaining satiation and eventually resulting in happiness; (iii) to evaluate their social and personal values and formulate their own personal values to their convenience and advantage; and build up an absolute understanding to play the roles differently outside their marriage;

In their sexual interactions:- (i) to specialise the sexual interactions, with co-operation and co-ordination, to fulfill their desires and expectations; (ii) to build up interest and intention to identify and understand the sexual problems and initiative to solve the problems; (iii) to create absolute satiation in sex;

In sex, within their privacy, to act, leaving all their inhibitions by any, or all, means and ways, except on health factors, to satisfy self, or the other, or both, with understanding;

Leaving anxiety, stress and tension of usual life (a) to buildup perception on difference in gender and creating the required factors for the partner for this purpose; (b) to create and maintain maximum awareness and alertness all over the body for sensual feelings through all the senses and make use of them for enjoyment of every bit of sexual feelings; (c) to concentrate on such sensual feelings alone and intensify the effect of such feelings in both; (d) to maintain the intensity and adjust their ebbs, without selfishness, for full enjoyment of the both; (e) with adjustability,

adaptability and give and take policy, to satisfy the other's sexual desires and expectations, on mutuality, thereby creating a sense of security of care;
To nail the impression of security of care, share and help in the sub-conscious mind of the each, it is a must. This can be achieved in the honey-moon on sexual dimension;
Understanding and proving one's respective adult role to the other's expectation;
To fulfil the anticipation of the other in the particular sexual session;
Respecting the other's sentiments but, under no circumstances, hurting the same;
Satiation for the both should be the goal of honeymoon and the success lies in establishing the pattern of such achievements;
Realising the importance of understanding, free communication, adjustability, adoptability, adaptability, compatibility, sexual equality and mutual pleasuring and empathy in every stages of sexuality so as to reach the eventual goal of satiation.
Now we will see in detail the most important purpose of honeymoon, which is creating absolute understanding by establishing free and clear communication and intention to satisfy and make happy the other with sexual equality and mutual pleasuring on sexual plane. Communication is very important attribute not only in any couple's sexual life but also in their married life also. Free and frank communication and sorting it out on mutuality pave way for better understanding which in turn leads to intimacy generally marked by a mutual sense of acceptance, commitments, tenderness and trust which, in one way, happens to be pre-conditions for love. Communicating in an intimate relationship differs in certain ways from communicating with other people in one's life, especially non-verbal messages apply in a special way to sexual interactions. According to Masters and Johnson, communication usually begins with the intent to convey information to some one else. The sender must convert the intent into an actual message that is presented to the intended recipient. The message may be verbal (words, sounds) or non-verbal. The recipient must not only receive the message but also

understand and interpret its meanings. At each of one of these seemingly simple steps, things can and do go wrong. While trust and vulnerability are not methods of communications to occur. In most cases anger develops from preceding feelings of hurt, resentment or frustration. If these can be identified and discussed while they are in their early stages, before it grows into anger, there is a much better chance of dealing with them successfully and avoiding the harm that anger can produce. Carol taros observes, in final analysis, managing anger depends on taking responsibility for one's emotions and one's actions on refusing the temptation, for instance, to remain stuck on blame or fury or silent resentment.

In fact, communication may be viewed from three angles: expressing, listening and discussing. Clarity is important for expression, patience is important for listening and mutuality is important for discussion; and communication between the couple, especially in sex, should be used freely and frankly for sharing (of thoughts, feelings and experiences), leering and understanding (about each other), expressing (one's love, expectations, wants, desires and etc), complimentary regards, acceptance and discussion with honesty, trust, self-disclosure, truth, commitment (for togetherness and intimacy with tenderness) and patience without selfishness and self-centeredness. Frankness in the communication helps for understanding and reacting positively to the non-verbal communication help to buildup close intimacy.

Free and frank communication between the couple especially for complimentary regards without inhibitions helps for the initiation for the art of arousal and the understanding and reacting for non-verbal communications will pave way for understanding the stages in sex, wants and expectations, which, in turn, if fully understood and reacted positively helps for the fulfillment of the stage of sexual enjoyment. Moreover, the free and frank communications with trust and truth on mutuality will help both of them to come out of the clutches of the problematic socio-cultural values. Generally the three main factors for solving most of the problems between the couple are: - (1) understanding and communication; (2) trust; (3) interest and initiative to solve the problems for mutuality; therefore

communication is one of the three vital forces to sort and solve any problem between the couple. As we say prevention is better than cure similarly the existence of free and frank communication on mutuality with trust and truth without selfishness between the couple will prevent any problem to become serious and rather it will try to sort and solve any problem at the budding stage itself. In fact, a strong correlation was found between a wife's ability to communicate her sexual desires and feelings to her husband and the quality of marital sex. This fact was realised in red book survey as reported in 'sex and human loving' by Masters and Johnsons. As the communication is the vital force in the married life, if a healthy communication bridge is built between the couple right from the earliest stage of marriage it will help them to lead a very happy sexual and as well as married life throughout.

In 'together forever', the authors say that sensible and effective communication is both golden and virtuous in marriage; and it is candid and caring communication that makes all those things happen, not the other way around. According to Leslie Nora Ph.D. In 'communication and adjustment in marriage'. Harold I.Rausch, Wells Goodrich and John D. Camphell in 'adaptation to the first year of marriage', and Rudolph Moos in 'coping with life crisis', communicating successfully means being able to express yourself in a way that can be heard by your mate and listening carefully enough to interpret what you mate is trying to get across to you, communicating well is a matter of paying attention not just to how you and your spouse converse, but also to how you relate non-verbally; it means making as much effort as possible to understand and be understood. The effectiveness of communication between a couple is an excellent gauge of their marriage. Understanding not only what is being said, but also the feelings behind it makes real communication possible. A good marriage thrives on feedback, consultation, and mutual exchange. This mutual exchange is possible where the parties genuinely respect with other, value each other's feelings and views, and care about the quality of their thriving relationship. If you want a successful marriage, then you have to talk, joke and banter. You have to explore emotions and let off steam. Talking is like air for marriage; no marriage can do without it. In fact, non-

verbal messages are more ‘powerful’ than spoken words alone; for this reason, it’s useful to communicate in ways that maintain consistency between the verbal and non-verbal messages you send to your partner, taking care to avoid sending mixed messages by saying one-thing with your words and something different with your body language. In fact, non-verbal messages apply in a special way to sexual interactions.
Communicating in an intimate relationship differs in a certain ways from communicating with other people in your life. While trust and vulnerability are not methods of communication to occur.
Part of the hesitancy people have in talking about sex with a partner is actually a carryover from the childhood taboos. Talking about sex, like any other communication, can be practiced as: (1) talk with your partner about how and when it would be most comfortable to discuss sex. The important thing is to let your partner know that you are interested to feed back about your sexual interaction. Armed with this knowledge, your partner won’t be worried that you will react to any thing that’s said as though it was criticism; (2) use ‘I’ language as much as possible when talking about sex together, and try to avoid putting blame on your partner for your own patterns of response (or lack thereof); (3) remember that if your partner rejects a type of sexual activity that you think you might enjoy, he or she is not rejecting as a person; (4) be aware that sexual feelings and preferences change from time to time and be flexible in translating your talks about sex into action; be prepared to change when necessary or advisable; (5) don’t neglect the non-verbal side of sexual communications, since these messages often speak louder than words – don’t be afraid of showing your partner just how you like to be touched. Put your hand on partner’s and demonstrate; it also relieves your partner of the need to guess what you like; (6) don’t expect perfection. As long as you feel that you can make your needs known, respecting your partner’s silence on the subject (i.e. sex) can be the wisest course. If, on the other hand, your sex life is unsatisfactory (whatever may be the reason) attempting a candid conversation by stating your feelings and concerns and asking your partner to respond in kind certainly seems in order.
In marriage, either partner has got duties to impart and enhance the

sexual enjoyment of the other partner the way the other wants. The understanding, recognition, acceptance and implementation of such rights and duties are called sexual equality. It is worth noting here that as per the survey report of Blumstein and Schwartz in 1983, an important factor that was linked to sexual satisfaction was equality in initiating or refusing sex. Therefore leaving the sexual qualities derived from the socio-sexual values but giving regard to the qualities of each other's personal values and also to the rights and privileges of the other to create, maintain and enhance the enjoyable sexual feelings, without selfishness or egoism, eventually leading to mutual pleasuring can be termed as sexual equality; wherein main ingredients for sexual equality are understanding, acceptance and patience, and the spoiling factor is egoism. If both the partners do impart and enhance the sexual enjoyment of each other the way the other wants, while enjoying for self that is called mutual pleasuring, wherein the main essential requirements are selfishlessness, give and take policy, non-verbal communication, understanding and sharing the sexual enjoyment with togetherness; and whereas adaptability and adjustability are the ingredients, the selfishness is the spoiling factor. Because the basic concepts of marriage viz. caring and sharing are the vital factors for mutual pleasuring, the successful mutual pleasuring in the sexual acts in marriage create better understanding with each other and it will be helpful for their happy married life.

In sexuality the couple first should understand the physiological aspects, happenings and reactions during interactions and psychological aspects. First of all to understand the sexual interactions: in the heterosexual interactions there are five stages for the both and they should know how to make use of them for a complete satiation for the both which satiation is very vital in the marital relationship. The stages are: arousal, enjoyment, climax, orgasm and anti-climax.

Even though honeymoon itself being motivation, however after a series of sexual acts, motivation is required for either, or both, partner(s) for further acts. This is the time when any partner should know how to motivate the other and, while enjoying, how to create the enjoyment for the other. In fact motivation is a creative attribute and as such it is an art. It creates

interest and urge in sex. ‘Art of motivation’ means the ways and means by which the interest and sexual urge are created in the partner/person to have/enjoy sex with wholehearted involvement leaving inhibitions with concentration and participation. In motivation the tickling of five senses may create interest but whereas the creation of perception in thinking of difference in gender only can create urge.

We know certain parts of body are potential of creating sensational feelings, provided they are dealt properly on account of two reasons viz.: (1) number of nerves’ ends prevailing at the spot or part of the body and nearer to the skin and (2) sexual values with regard to the spot or part of the body whether such values may be of restrictive or not; such particular spots of the partner potential of creating the tingling sensual feelings should be known to the other partner. During the sexual enjoying period, certain particular movements, facial expressions, sounds, change of colour or change in the particular parts of body constitute non-verbal communications expressions clearly the liking, feelings and stage of enjoyment of the partner and if the other partner is capable of understanding these signs and adopting the corresponding handling the situation, such handling will enhance enjoyment of the partner and lead to urge for the next stage.

Any means and ways by which one partner does participate and reciprocate in creating more and maximum pleasure, and orgasm to the other partner to the extent of complete satiation of the partner within limits of health coping with the ‘important factors for conjugal happiness’ with innovations is the art of satiation. Whereas creating the alertness in all the senses and awareness in the perception in the different gender point of view is the basic requirement for motivation, proper dealing with the stress, pressure, friction and duration at appropriate places, or spots, in different levels intensifies the quality of the nerves’ impulses and concentration makes the brain to perceive the only such feelings during the enjoyment; wherein above one is supposed to know the typical stress, pressure, friction, duration, places and levels as they belong to the knowledge of sex and the ‘proper dealing’ is the application; whereas one can come to know the theoretical knowledge from various sources, the

married person (husband or wife) gets practical knowledge and realises and application by deriving out of the experience during the honeymoon which is the training period for these tow aspects.

During enjoyment once the concentration becomes acute and nerves' impulses become sharpen these to create a typical perception of perceiving all the impulses from all the senses thro'out the body similar to the sharpest impulse and such perception make the feeling of all the nerves' impulses to be very sharp; this typical perception and feeling thro'out the body is called climax or tension. One of the main factors for climax is the continuation of action. The primary requirements for climax are: absolute concentration, and acute and sharp nerves' impulses creating the feeling of difference in gender in perception. Therefore it is very vital to maintain and enhance the impulses and sharpen them so as to create the tension; that is where the continuation helps to maintain and the skill helps to enhance. The continuation makes the impulses acute and the skill will sharpen the intensity of the impulses. Here the continuation does not mean the continuation of interaction of the same parts in the same way but means the maintenance of the intensity of nerves impulses and to enhance the intensity; ways and means of interaction may differ during this stage but continuation of flow of such nerves' creating perception of difference in gender is a must during this stage.

The continuation is able to atleast maintain the flow of impulses but whereas the skill will sharpen the intensity in such a way to attack the perception so as to perceive all the nerves' impulses similarly so that the feelings throughout the body buildup the tension. This skill is to be learnt from the practical knowledge; here the practical knowledge means understanding the particular emotional need, or crave, for sex with self; knowing the particular's liking for such surroundings, environment and type of privacy in which the partner's emotional feelings will be increasing without hurdle during enjoyment period; studying the partner's hot spots in the body, and means and ways of handling the same by which it will shoot-up the sensual feelings for enjoyment, participation, involvement and climax; understanding non-verbal expression of the partner's mood,

liking, feelings, and (more important being) sexual stage thro'out during every act; understanding cyclic/moody period of the partner for sex. In common terms the skill is the application of the practical knowledge by the motivator with the knowledge of which part of the self can stimulate which part of recipient, by which means, so as to make the recipient feeling the flow of the thrilling sensations thro'out the body; this thrilling sensation is called climax. This skill depends on the warmth and quality of the part of the motivator, the nerves' ends prevailing at the spot and the ends nearing the skin; quality of the part and personal sexual values about the part of the recipient, and finally the ways and means of interaction between the part of the motivator and the part of recipient; here the ways and means are the touch, movements, pressure, friction and sucking.

Now we have come to the last stage of sexuality viz. bursting of tension, otherwise called 'orgasm'. It may, or may not, occur in every sexual episode; and in the heterosexuality, it may occur to both, or one, or may not occur to both. When the tension is built-up to an intolerable point, the building up will burst and flow like a lava, as in the case of volcano. We can say that while perceiving the nerves' impulses in the difference point of view with concentration, at the point of the intensity becoming the sharpest, the brain, instead of perceiving, start involving with the effect of the impulses and this feeling on account of the involvement is called 'orgasm'; usually, 'self' is identified with the brain and senses and body are separate, but in this case of orgasm the brain itself vibrates in tune with the feelings. One feels the self merged with the feelings, or the other partner's feelings, or finds self living on sensations for the brief moment. In contrast to the fact that orgasmic experiences of the human female can be interrupted by extraneous psycho sensory stimuli, the male orgasmic experience, once initiated by contractions of the accessory organs of reproduction, can't be constrained or delayed until the seminal emission has been completed. Orgasm in men is clear-cut on only one type whereas women may have different types like clitorial, vaginal, breastal, or rarely any other part. In female, during orgasm, the muscles of the neck and the long muscles of the arms and legs usually contract into

involuntary spasm, therefore during coition in supine position the female's hands and feet voluntarily may grasping her sexual partner; moreover the obvious, rapid detumescence and corrugation of the areolae of breast and the definable contractions of the orgasmic platform in the outer third of the vagina remove any doubt on to whether the woman is pretending or experiencing orgasm

Interest to enjoy and liking to enjoy with the partner form arousal; feelings and perception form enjoyment; mind's concentration forms tension and its involvement creates orgasm. Now coming to anti-climax, as epilogue prevails at the end of every book, or article, the satisfactory anti-climax is a must in every heterosexual affair. Emission is an instant whereby man gets satiated but for a woman there is no such instant but whereas urge has created nerves' alertness at many areas which are to be interacted till she comes to normalcy (preferably to her satisfaction) to get satiated. Man's sexual tension is released by instant reaction but in women the tension is released by interactions; even the reactions in women do not create any such feelings of loss of energy and interest like in men. In a man accumulated and built-up sexual tension is instantly released on account of biological emission outside thro' an outlet thereby he calms down immediately; whereas in a woman the accumulated and built-up sexual tension has to cool down within herself by reactions hence she cools down slowly. It is like the vomiting sensation vanishing after vomiting and the sensation diminishing without vomiting. A man discharges on account of satiation and woman discharges for enjoyment. Orgasm is a satiated point for a man but orgasm need not be a satiated point for a woman. For men orgasm and satiation are same but whereas for women both need not be same. For a man, orgasm is satiation but for a woman orgasm is only a peak point and cooling down and the nerves' alertness coming down to normalcy, to her immense satisfaction, is satiation.

On account of certain social values with which she has been brought up, generally, a woman's basic instinct is 'sex with security', as such after the urge banishes on account of the undergone sex, her sub-conscious, on account of her basic instinct, is to be satisfied about the security aspect in

the undergone sex. For a woman security means "taking care of her" hence care factor is very imp9rtant here. Therefore after the active sexuality, every woman generally requires expression of care by her man which care is sub-consciously translated into security. As such any expression of care by her man after his orgasm is translated as selfless love of her man towards her, which, in turn, is translated by her sub-conscious as a complete security for her.

Therefore bringing the other to satiation after one's satiation is a must in the honeymoon because of this care being subconsciously translated into love and security, which are the base for the forthcoming married life. The first impression of this love also creates a strong trust, which is the basic factor for a happy married life. However we do not discuss here about the procedural aspects of anti-climax because it differs from person to person, otherwise we deal with the principles of such procedures to enable to adopt their own procedural patterns so as to enable the both to attain satiation and happiness. During one's early life and during the early stages of relationship with the opposite gender during childhood certain interactions of the person whom the self was attached had got liking, with self would have strong impressive personal values and in later life the typical interactions of his/her person with her/him in sex are always interpreted with the impressed values. On account of precarious mould in which a woman is made, she will always be sentimental about these impressed values. Therefore after her urge in sexual act diminished, if her man interacts in such a way so as to enable her to interactions to be caring that will pave way for long-lasting sexual relationship between them. In a nut-shell, if one of the partners has come back to normalcy but not the other, then the partner who has returned to normalcy should make, both physiologically and psychologically, the other partner also to come back to normalcy with satisfaction and this is a must during the anti-climax in hetero-sexual affair. This need not be constrained to man, or woman, only but applicable to the both. However in the majority of occasions man reaches the anti-climax period earlier than his woman, that is why most of the books on sex speak about the golden rule to the men rather than to women. In many cases, when the purpose of sex, in

the same episode, differs between the partners and, on account of this, if the woman gets satisfied earlier but not her partner, she has to help him to reach the climax to come back to normalcy. In the case of man, he can reach satiation after her satisfaction so that there will not be much time gap between his reaching normalcy and her reaching; or both can reach satiation simultaneously and then he can attend to her needs to enable her to come to normalcy with satisfaction; or otherwise, if he has got good potency, he can reach his satiation at his will then attend to her needs during his relaxation period and again climb to satiation thro' different means and with interactions with different parts of hers to enable to satisfy her at her every ebb but with the aim of coming through the anti-climax together.

As the honeymoon happens to be training camp for the newlyweds to understand and satisfy each other's needs, desires, expectations and anticipations on sexual plane so as to create an understanding between them and a security of care for each from the other, it is very pertinent to understand the importance of anti-climax which only creates this particular aspect of security of care especially for the woman; that is why the anti-climax chapter was dealt here in detail. However, more detailed depth in the study of these five stages of sexual interactions in the sociological and psychological points of view can be had in the article/ chapter, "intricate and intimate relationship between human beings". So also the meticulous detailed study of the physiological reactions during the sexual interactions can be had from the article/chapter, "inner physiological phenomena and reactions during human sexual interactions".

As the spice adds to the taste and enhances it, unusualness is the spice for sex. Unusualness is the kick derived form an unique feeling of personally enjoying the supposed to be socially wrong (but being right in marriage), or the means thro' non-traditions (as per personal sexual values), or the enlightened male-female sexual differences. We can also say that unusualness is the kick intensifying the sharpness of sensual feelings on account of perception of interactions being against the restrictive, or prohibitive, personal and socio-sexual values; also on

account of perception of difference in gender during the interactive time and period, in a place, circumstance, environment, different from the usual. For motivation, and enjoyment, unusualness is the perception of such feelings, in the difference gender of point of view, being unusual. During the climax stage, especially for entering into climax, unusualness is the perception of such feelings, on account of sexual actions, or interactions; being against personal and as well accepted socio-sexual restrictive, or prohibitive, values. However, unusualness should be within health norms and moral values, with interest, of the both, or consent. For example woman usually prefers a tender, loving seduction, but one which overcomes all objections and is powered by a passion that will not take 'no' for an answer; however remember that seduction involves arousing someone to the point of agreeing and desiring sex before intromission; so also making use of vulgarity between the married couple themselves in privacy with interest of both, or consent, is an unusualness. However, before this one should understand the definition of vulgarity: vulgarity is the motivation instigating to enjoy sex outside the sexual values of the society. Striptease by the wife in the presence of her husband is a good unusualness.

Generally man requires unusualness for motivation and woman requires it for entering into climax; however it does not mean that the other way is incorrect. Certain restrictive social values would have created prohibitions in the mind about certain sexual action, or interaction, but desire would have arisen toward such acts; now fulfilling such desires of prohibitive values within health-norm and moral values is unusualness. This creates an adventurous kick which is an unique immensely enjoyable, paving way for craving. Moreover a partner fulfills suppressed desires of another partner thro' unusualness; such fulfillment even without asking for and beyond expectation, creates an impression of care of her/his deep soul which is more important than mere taking care of one's needs thereby the bondage of love is built strongly by creation of craving for togetherness and possession, which, in turn, is very vital for making a strong base for their love-life. Therefore, during the honey-moon, each partner must understand and grasp the other partner's bio-levels, motivating factors

and accepted socio-sexual values of restrictive and prohibitive types with which, heart-in-heart, the other partner is interested to enjoy. Then at the peak of the other partner's motivational factors one should enact the above-mentioned values so as to create the maximum unusualness to the other; to repeat again, on account of their importance, the two conditions to be fulfilled at any cost during any such act are:-(1) within health norms; (2) in privacy, or not against any socio-moral values outside their privacy. More detailed study about this vital unusualness can be had in the article/ chapter," vitality of unusualness in conjugality".

As honeymoon happens to be the first experience of sexual interactions between the couple, one should try to understand the other: (1) in general about the opposite sex; (2) and as well about the particular partner's. A woman's sexual communication is through her reactions until she realises the freedom in sex on account of security. So the husband should: (1) understand the motivating factors for creating sexual desire and drive in her; and type of instigative factors instigating he sexual desire to overtake her restrictive sexual values; (2) approach cautiously with patience; (3) try to grab and correctly understand her typical non-verbal reactions; (4) win her confidence and then make his own moves; (5) never create impression of his moves being selfish, otherwise, it is translated into insecurity for her; (6) never create helplessness in his partner's mind, except for fun for both; (7) convince the wife about the uniqueness of sexual feelings and make her to realise the unparallel satiation in orgasm through sexual interactions; (8) improve the qualities of handling and interactions and maximise the unusualness thereby creating surging urge and craving in her; (9) grasp, study and understand correctly the language of her nonverbal reaction and communication. So also the wife should: - (1) leave inhibitions and restrictive sexual values; (2) adapt and adjust to his moves; (3) seductively free in openness (of her parts for his sexual enjoyment); (4) grasp his personal sexual values and handle them so as to satiate him; (5) understand his values about manhood and, under any circumstances, not to criticize, or accuse, him with regard to such values; (6) seduce him with 'not easily available' principle; make him to put efforts to grab her sexuality and then co-operate to his moves (his

success after hard efforts will create a kick in him); (7) maintain, as far as possible, innocence, modesty, hesitation during their privacy in sex as, said and done, these are the attributes a man expects from a woman on bed for his kick.(8) handle his sexuality with sentimental care; (9) never create helplessness for him in sex. However both should: - (i) follow adaptability for compatibility and adjustability for mutuality; (2) establish free communication, equality, mutuality and compatibility; (3) understanding the other's desire, needs and urge, each must adjust, adopt, adapt and give & take for the other's satiation; and satiation for both is a must, if not in the same session, atleast in different sessions, or occasion, thereby creating strong impression of security of sexual care for satiation; (4) should try to satisfy each other to the maximum level.
Now coming to the epilogue, we will examine how the above-mentioned learnt factors can be helpful in their married life. Basically the honey-moon will help the couple to develop a very good understanding and trust between them get a strong impression of security of care, establish free communication, and start an intimate and companionate relationship; moreover, it helps them to learn adjustability, adaptability, mutuality and compatibility for joy, satiation and happiness, and also it helps them to leave their negative aspects of their personalities within their marriage. Understanding being the basic factor for leading their life together, the understanding of one's need, wants, desires, expectations, anticipations and the personal values, a partner is able to satisfy and satiate the other in sex during honey-moon; this understanding of each other for mutuality and compatibility will help them to go together in their rest of married life happily. Happiness may short live on account of what one gets the one wants but happiness in the long-run depends upon adjustability and adaptability which are the learnt factors during honey-moon. Fundamental basic factor for any relationship is trust and thus once it develops and becomes stronger, the couple's relationship also becomes stronger. The care is the vital component of marriage. The sentimental care in any relationship is available only because of the system marriage; the sentimental care in the name of love between husband and wife and in the name of affection between parents and children. In fact this

sentimental care is the purpose of life and this care, having learnt to receive only so far from parents is learnt on mutual basis during honeymoon. Here one should understand the purpose of marriage throughout the world throughout every generation is to have the sentimental care on mutuality. The care of other relationships have got their own limits but whereas the care between the married couple has no limit because it includes the sexual care without any influence of social values. Hence the couple should realise this uniqueness of the care available only in this relationship and make use of it to full extent on the sexual plane during the honeymoon. This typical sentimental intimate care between husband and wife should be maintained throughout their married life. This is called security of care.

The free communication, frank discussion and mutual consultation with honesty but without selfishness and egoism pave way for their happy togetherness, enjoyable intimacy and satisfying and satiating mutuality, in turn, paves way forever lasting peace and happiness in their life. Both compromise with their self-esteem and egoism for sexual equality during the honeymoon, if the same principle is applied while solving any problem in their marriage, getting real solution to the advantage of their unit is not difficult. The most of the problems in marriage arise on account of these two negative factors well developed in our personality cult. Moreover learning of adjustability, adaptability and compromises make the couple to adopt the principle of give and take which in turn will make both of them to reap beneficial results out of marriage.

Losing egoism, selfishness, self-respect and self-esteem is the first statutory step towards self-realisation and purification of self. With perfect-conscious forgetting one’s own self and fusing with the thought of god with nothing but etcsy is the second step towards for god-realisation. This is tasted in the sexual orgasm in the marriage and as this fusing is morally accepted, the conscious is also clean during the orgasm. Therefore perfect sexual relationship in marriage with satiation for the both will pave way for understanding and tasting the steps towards the self-realisation; and the self-realisation is the only common purpose of so many religions in the world.

End----------